

Movin' On Up

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Novice
编舞者: Cheri Coker (USA) & Gerina Aarhus (USA) - September 2011
音乐: Moving On Up - M People : (Album: Best of the 90s Vol 2)



[1 – 8] Vine right, touch, vine left, touch

1-4 Step right to side, step left behind right, right to side, touch left
5-8 Step left to side, step right behind left, left to side, touch right

[9-12] Step back, slide, step back, slide

1-2 Step right back, slide left to right
3-4 repeat 1-2

[13-16] Step forward, slide(lock), step forward, scuff-hitch-turn 1/4 left

1-2 Step left forward, slide right to left (mini-lock is okay),
3-4 Step left forward, scuff right forward while hitching and turning 1/4 left on ball of left foot

[17-24] Toe-heel struts (x 4)

1-2 Step forward on right toe, slap heel down
3-4 Step forward on left toe, slap heel down
5-6 repeat 1-2
7-8 repeat 3-4

[25-32] Long step back, slide, sway, sway, sailor cross

1 Long step back on right
2-4 Slide/drag left to right
5-6 Sway left, sway right
7&8 Step left behind right, step right to side, cross left over right

Begin again

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