

With My Heart

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Esmeralda van de Pol (NL) - September 2011
音乐: Dancin' Away With My Heart - Lady A : (Album: Own the Night)



Start: 16 counts after the heavy beat

FWD ROCK, RECOVER & STEP FWD, PIVOT ½ TURN, ¼ TURN L, CROSS ROCK, RECOVER, ¼ TURN L, PIVOT ¼ TURN L

1-2& Rock right fwd, Recover on left, Step right next to left
3-4& Step left fwd, Step right fwd, ½ Turn L-weight on 06.00
5-6& ¼ Turn L-step right to right side, Rock left across right, Recover on right 03.00
7-8& ¼ Turn L-step left fwd, Step right fwd, ¼ turn left-weight on left 09.00

DIAG.STEP FWD, FWD ROCK, RECOVER, STEP BACK X2, ½ TURN L, FWD STEP, SWEEP, CROSS BACK SIDE, COASTER STEP

1-2& Step right diagonally fwd, Rock left fwd, Recover on right 07.30
3-4& Step left back, Step right back, ½ turn L-stepping left fwd 01.30
5-6& Step right fwd and sweep left to front, Cross left over right, Step right back 01.30
7-8& Step left to left side, Step right back, Step left next to right 12.00
1 Step right fwd

PIVOT ½ TURN R, ¼ TURN R, COASTER STEP, PIVOT ½ TURN R, STEP FWD, FULL TURN L

2& Step left fwd, ½ turn right- weight on right 06.00
3-4&5 ¼ turn right-step left to left side, Step right back, Step left next to right, Step right fwd
6&7 Step left fwd, ½ turn right-weight on right, Step left fwd 03.00
8& ½ turn left-step right back, ½ turn left-step left fwd 03.00

SIDE, CROSS, DIAGONAL STEPS BACK, CROSS, DIAGONAL STEPS BACK, CROSS ROCK, ¼ TURN L, SIDE, ¼ TURN L

1-2& Step right to right side, Cross left over right, Step right diagonal back.
3-4& Step left diagonal back, Cross right over left, Step diagonal left back
5-6& Step right to right side, Rock left across right, Recover on right
7-8& ¼ turn left-step left fwd, Step right to right side, ¼ turn left-step left to left side 09.00

Tag: End of 4th wall (12.00) Make 2 hipsways right, left and start again.

Restart: 3rd wall (03.00), after the first 8 counts

Restart: 5th wall (12.00), after 24 counts

Start again and have fun.
