

# The Hula Slide

**COPPER** KNOB  
STEPSHETS

拍数: 40                      墙数: 4                      级数: Beginner  
编舞者: The Grandpa Crunk (CAN) - September 2011  
音乐: The Hula Slide - The Grandpa Crunk



Documented by Winnie Yu (Pooh) Canada

Intro: 48 counts

## Sec. 1: Fwd Rock, Recover, Coaster, Fwd Rock Recover, Coaster

1-2                      Rock forward on right, recover onto left  
3&4                     Step right back, step left next to right, step forward on right  
5-6                     Rock forward on left, recover onto right  
7&8                     Step left back, step right next to left, step forward on left

## Sec. 2: Walk, Walk, 1/4 L Side, Touch, Rolling Vine L, Touch

1-2                     Walk forward R, L  
3-4                     Make ¼ left and stepping right to right side, touch left toe next to right (9:00)  
5-6-7-8                Make a ¼ left and stepping left forward, make a ½ left and stepping right backward, make a ¼ left and stepping left to left side, touch right next to left (9:00)

## Sec. 3: Back x3, Together, Hop x3, Hold

1-2-3-4                Stepping backward R, L, R, step left next to right  
5-6-7-8                Hop forward x3, hold [Option: walk forward R,L,R, step left next to right ]

## Sec. 4: Bounces with Hands Up & Down

1-2-3-4                Bouncing 4 counts with the both hands up  
5-6-7-8                Bouncing 4 counts with the both hands down

## Sec. 5: Hula Hoop Left & Right

1-2-3-4                Rolling hips to L counter clockwise  
5-6-7-8                Rolling hips to R clockwise

Start again!

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