

# Feels Like Rock'n Roll

COPPERKNOB  
STEPSHEETS

拍数: 96      墙数: 1      级数: Phrased Intermediate  
编舞者: Bastiaan van Leeuwen (DE) - September 2011  
音乐: Feels Like Rock 'n Roll - Bouke : (CD: I Cry - Single)



Counts: part A -32 counts, part B-16 counts, part C-32 counts, part D-16 counts  
Intro: 16 counts - Sequence: A B C D A B C D D B C D D

## Part A

### [1-8] Toe struts, kick, coaster step, lock step forward,

1&            Step R toe forward, drop R heel,  
2&            Step L toe across R, drop L heel,  
3&            Step R toe back, drop R heel,  
4             Kick L forward,  
5&6          Step L back, step R beside, step L forward,  
7&8          Step R forward, lock L behind, step R forward,

### [9-16] Mambo step forward, coaster step, shuffle ½ turn R, coaster step,

1&2          Rock L forward, recover onto R, step L beside,  
3&4          Step R back, step L beside, step R forward,  
5&6          ¼ turn R stepping L to left side, close R beside, ¼ turn R stepping L back, (06:00)  
7&8          Step R back, step L beside, step R forward,

### [17-24] Toe struts, kick, coaster step, lock step forward,

1&            Step L toe forward, drop L heel,  
2&            Step R toe across L, drop R heel,  
3&            Step L toe back, drop L heel,  
4             Kick R forward,  
5&6          Step R back, step L beside, step R forward,  
7&8          Step L forward, lock R behind, step L forward,

### [25-32] Mambo step forward, coaster step, shuffle ½ L, coaster step,

1&2          Rock R forward, recover onto L, step R beside,  
3&4          Step L back, step R beside, step L forward,  
5&6          ¼ turn L stepping R to R side, close L beside, ¼ turn L stepping R back, (12:00)  
7&8          Step L back, step R beside, step L forward,

## Part B

### [1-8] Charleston, sweep forward, ¼ turn R, coaster step,

1-2          Sweep R out & around to touch in front of L, sweep R out & around to step R behind L,  
3-4          Sweep L out & around to touch L behind R, sweep L out & around to step L forward,  
5-6          Sweep R out & around to step R across L, ¼ turn R stepping L back,(03:00)  
7&8          Step R back, step L beside, step R forward,

### [9-16] Charleston, sweep forward, ¼ turn R, coaster step,

1-2          Sweep L out & around to touch in front of R, sweep L out & around to step L behind R,  
3-4          Sweep R out & around to touch R behind L, sweep R out & around to step R forward,  
5-6          Sweep L out & around to step L across R, ¼ turn R stepping R back, (06:00)  
7&8          Step L back, step R beside, step L forward,

## Part C

### [1-8] Shuffle R diagonal R forward, scuff, shuffle L diagonal L forward, traveling toe-heel swivels, chasse,

1&2          Step R diagonal R forward, close L beside, step R diagonal R forward,

- & Scuff L forward,
- 3&4 Step L diagonal L forward, close R beside, step L diagonal forward,
- 5&6 Swiveling L heel to the R, touch R together, swiveling L toe to the R, touch R heel next to L,  
Swiveling L heel to the R, touch R together
- & Swiveling L toe to the R, touch R heel next to L,
- 7&8 Step R to right side, close L beside, step R to right side,

**[9-16] Coaster step, step forward, ¼ turn L, cross, ¼ turn R clap hands, ½ turn R clap hands, mambo step,**

- 1&2 Step L back, close R beside, step L forward,
- 3&4 Step R forward, ¼ turn L, cross R over L, (03:00)
- 5& ¼ turn R stepping L back clap hands, (06:00)
- 6& ½ turn R stepping R forward clap hands (12:00)
- 7&8 Rock L forward, recover onto R, step L beside,

**[17-24] Toe struts backwards, coaster step, charleston,**

- 1& Step R toe back, drop R heel,
- 2& Step L toe back, drop L heel,
- 3&4 Step R back, step L beside, step R forward,
- 5&6 Sweep L out & around to touch in front of R (turn both heels in), turn both heels out, sweep L  
out & around to step L behind R (turn both heels in)
- & Turn both heels out,
- 7&8 Sweep R out & around to step R behind L (turn both heels in), turn both heels out, sweep R  
out & around to touch in front of R (turn both heels in),
- & Turn both heels out,

**[25-32] Toe struts, coaster step, shuffle ½ turn L, coaster step,**

- 1& Step L toe across R, drop L heel,
- 2& Step R toe back, drop R heel,
- 3&4 Step L back, step R beside, step L forward,
- 5&6 ¼ turn L stepping R to R side, close L beside, ¼ turn L stepping R back, (06:00)
- 7&8 Step L back, step R beside, step L forward,

**Part D**

**[1-8] Walk R,L, mambo step, walk backwards L,R, sailor step ¼ turn L,**

- 1-2 Step R forward, step L forward,
- 3&4 Rock R forward, recover onto L, step R beside,
- 5-6 Step L back, step R back,
- 7&8 ¼ turn L cross L behind R, step R to R side, step L forward,(03:00)

**[9-16] Walk R,L, mambo step, walk backwards L,R, sailor step ¼ turn L,**

- 1-2 Step R forward, step L forward,
  - 3&4 Rock R forward, recover onto L, step R beside,
  - 5-6 Step L back, step R back,
  - 7&8 ¼ turn L cross L behind R, step R to R side, step L forward,(12:00)
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