

Light Up My World

拍数: 48 墙数: 4 级数: Intermediate
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音乐: What Makes You Beautiful - One Direction



Start on the word "Insecure": 16 counts in

S1: Right Side, Hold, & Right Side Cross Left, Right Side Rock Recover, Behind Side Cross

1 - 2 Step Right to Right Side, HOLD
&3 -4 Step Left to Right, Step Right to Right side, Cross Left over Right
5 - 6 Rock Right to Right side, Recover on Left
7 & 8 Step Right behind Left, Step Left to Left side, Cross Right over Left

S2: Left Side, Hold, & Left Side Cross Right, Left Side Rock Recover, Behind Side Cross

1 - 2 Step Left to Left Side, HOLD
&3-4 Step Right to Left, Step Left to Left side, Cross Right over Left
5 - 6 Rock Left to Left side, Recover on Right
7 & 8 Step Left behind Right, Step Right to Right side, Cross Left over Right

S3: Right Side Behind ¼ Turn Right, Step ½ Pivot Right Step, ¾ Turn Left

1, 2, 3 Step Right to Right Side, Step Left behind Right, Turn ¼ Turn Right Stepping forward Right (3 o'clock)
4, 5, 6 Step forward Left, Pivot ½ Turn Right, Step forward Left (5th position) (9 o'clock)
7 - 8 Turn ½ Turn Left stepping back on Right, Turn ¼ Turn Left stepping Left to Left side (12 o'clock)

S4: & Step Left, Right Jazz Box, Left Cross Rock Recover, Left Side Shuffle

&1 Step Right to Left, Step Left to Left Side
2, 3, 4 Cross Right over Left, Step back Left, Step Right to Right side
5 - 6 Cross rock Left over Right, Recover on Right
7&8 Step Left to Left side, * Step Right to Left, Step Left to Left side (*TOUCH RESTART WALL 3)

S5: Right Cross Rock Recover, Right Shuffle ¼ Turn Right, Step ½ Pivot Right, Step Left, Out , Out

1 - 2 Cross rock Right over Left, Recover on Left
3&4 Step Right to Right side, Step Left to Right, Turn ¼ Turn Right Stepping Right forward (3 o'clock)
5, 6, 7 Step forward Left, Pivot ½ Turn Right, Step forward Left (9 o'clock)
&8 Step out with Right, Step out with Left

S6: Step Forward Right, Hold & Walk Right Left, Step ½ Pivot Left, Step ½ Pivot Left

1 - 2 Step forward Right, HOLD
&3-4 Step Left to Right, Walk forward Right, Walk forward Left
5 - 6 Step forward Right, Pivot ½ Turn Left
7 - 8 Step forward Right, Pivot ½ Turn Left (9 o'clock)

Start again with a SMILE

Restart on Back Wall

There is a restart on wall 3 in Section 4, instead of the Left Side Shuffle, Replace Counts 7&8 with

7 - 8 Step Left to Left Side, Touch Right then start the dance again from 6 o'clock wall