

Cowboys & Indians

COPPER **NOB**
STEPSHEETS

拍数: 128 墙数: 2 级数: Phrased Intermediate Contra
编舞者: Patrick Endevoets (NL) - September 2011
音乐: Cowboys & Indianen (Square Remix) - Dikdackers : (CD: Cowboys En Indianen
Remix 2009)



Introduction : "THE BELTS & BUCKLES COUNTRY DANCERS" ©

Info : starting position: 2 rows facing each other and you state something aside (rows such as a zip) so you can dance past each other forward,
will begin on the word 'LASSO', order of dance - A, B, A, B, A, A

PART A: 64 counts

[1-8] R Step Fwd, ½ Pivot Turn L, R Step Fwd, ½ Pivot Turn L, R Side, L Cross Behind & R Side, L Heel Diagonal Fwd & Together & R Cross Over

(count 1 t/m 2 and count 3 t/m 4: make with your right hand lasso movement in the air)

- 1 RF step forward
- 2 R+L ½ pivot/turn left (weight ends on LF)
- 3 RF step forward
- 4 R+L ½ pivot/turn left (weight ends on LF)
- 5 RF step to right side
- 6 LF cross behind RF
- & RF step to right side
- 7 LF tap with left heel left diagonal forward
- & LF step beside RF
- 8 RF cross over LF

[9-16] L Side, R Cross Behind, L Coaster Step, R Jazz Box With Stomp Together

- 1 LF step to left side
- 2 RF cross behind LF
- 3 LF step behind
- & RF step beside LF
- 4 LF step forward
- 5 RF cross over LF
- 6 LV step behind
- 7 RF step to right side
- 8 LF stomp beside RF

[17-24] Gallop With R Forward, L Stomp Together, L Rock Back, Recover, L Step Fwd, R Step Together With ½ Turn Left

(During the gallop move with your arms like you are on a horse)

- 1 RF step forward
- & LF close next to RF
- 2 RF step forward (you are now side by side)
- & LF close next to RF
- 3 RF step forward
- 4 LF stomp next to RF
- 5 LF rock/step back
- 6 RF recover

(Count: 7-8 R-hand over your eyes with hand palm down as if you are looking for someone)

- 7 LF step forward
- 8 RF ½ turn left, step next to LF (weight ends on RF, you are now in the other row)

[25-32] L Cross Rock Over, Recover, L Rolling Vine, R Stomp Together, R Kick-Ball-Change

- 1 LF cross/rock over RF
- 2 RF recover (hand now down)
- 3 LF ¼ turn left, step forward
- 4 RF ½ turn left, step behind
- 5 LF ¼ turn left, step aside
- 6 RF stomp next to LF (weight remains on LF)
- 7 RF kick forward
- & RF step on ball of foot next to LF
- 8 LF step in place

[33-40] Walk Fwd R-L, R Stomp Together, ½ Turn L Kick Fwd L, Walk Back L-R, L Coaster Step

- 1 RF walk forward
- (L-arm crossed on R-arm for your chest, upper arms in the same way you determine someone picks Pack)**
- 2 LF walk forward
 - 3 RF stomp next to LF
 - 4 LF ½ turn left, kick forward
 - 5 LF walk back
- (Both arms from aside with forearms L-shaped, palms facing up, as if you surrender yourself to someone)**
- 6 RF walk back
 - 7 LF step behind (Arms down now)
 - & RF step next to LF
 - 8 LF step forward

[41-48] Walk Fwd R-L, R Stomp Together, ½ Turn L Kick Fwd L, Walk Back L-R, L Coaster Step

- 1 RF walk forward
 - 2 LF walk forward
 - 3 RF stomp next to LF
- (arms up R-hand crossed on L-hand, palms facing forward over your head)**
- 4 LF ½ turn left, kick forward
 - 5 LF walk back
- (arms down behind your body, R-palm on L-palm crossed on each other)**
- 6 RF walk back
 - 7 LF step behind
 - & RF step next to LF
 - 8 LF step forward

[49-56] R Step Fwd, ½ Pivot Turn L, R Step Fwd, ½ Pivot Turn L, R Vine With Stomp Together (count 1 t/m 2 and count 3 t/m 4: make with your right hand lasso movement in the air)

- 1 RF step forward
 - 2 R+L ½ pivot/turn left (weight ends on LF)
 - 3 RF step forward
 - 4 R+L ½ pivot/turn left (weight ends on LF)
 - 5 RF step to right side
 - 6 LF cross behind RF
 - 7 RF step to right side
 - 8 LF stomp next to RF
- (weight remains on RF, except for the Tag)**

Tag (only during 3rd time part A)

Now do the following steps: R Stomp Side, Hold & Together, R Cross Over With Stomp, Hold, L Stomp Side, Hold & Together, Left Cross Over With Stomp, Hold, ¼ Paddle Turns L x4

- 1 RF stomp right side
- 2 hold
- & LF step next to RF
- 3 RF stomp crossed over LF

- 4 hold
- 5 LF stomp left side
- 6 hold
- 7 LF stomp crossed over RF
- 8 hold
- 9 RF step on ball of foot fwd
- 10 ¼ turn left, with hip to right
- 11 RF step on ball of foot fwd
- 12 ¼ turn left, with hip to right
- 13 RF step on ball of foot fwd
- 14 ¼ turn left, with hip to right
- 15 RF step on ball of foot fwd
- 16 ¼ turn left, with hip to right

Now start again with the dance!

[57-64] L Cross Over, Unwind ½ Turn R, Stomps In Place L-R-L, R Cross Over, Unwind ½ Turn Left, Stomps In Place R-L-R

(Count 1-2: Lift left hand left up, Lift right hand right up, as if you surrender totally)

- 1 LF cross over RF
- 2 L+R ½ turn right (unwind, weight ends on RV)
- 3 (Arms down now)

LF stomp in place

- & RF stomp in place
- 4 LF stomp in place
- 5 RF cross over LF
- 6 R+L ½ turn left (unwind, weight ends on LF)
- 7 RF stomp in place
- & LF stomp in place
- 8 RF stomp in place

Finish (last wall):

- 1 hold
- & LF stomp next to RF
- 2 RF stomp forward

End whole dance!

PART B: 64 counts

[1-8] L Rock Fwd, Recover, L Coaster Step, R Side Rock, Recover, R Cross Behind L & L Step Side, R Cross Over

- 1 LF rock/step forward
- 2 RF recover
- 3 LF step behind
- & RF step next to LF
- 4 LF step forward
- 5 RF rock/step right side
- 6 LF recover
- 7 RF cross behind LF
- & LF step left side
- 8 RF cross over LF

[9-16] L Shuffle Fwd, R Shuffle Fwd, L Step Fwd, Pivot ½ Turn Right, L Stomp Together, R Stomp Together

- 1 LF step forward
- & RF step next to LF
- 2 LF step forward (you are now side by side)
- 3 RF step forward

- & LF step next to RF
- 4 RF step forward
- 5 LF step forward
- 6 L+R ½ pivot/turn right (weight ends on RF)
- 7 LF stomp next to RF
- 8 RF stomp next to LF

[17-24] L Rock Step Fwd, Recover, L Coaster Step, R Side Rock, Recover, R Cross Behind L & L Step Side, R Cross Over

- 1 LF rock/step forward
- 2 RF recover
- 3 LF step behind
- & RF step next to LF
- 4 LF step forward
- 5 RF rock/step right side
- 6 LF recover
- 7 RF cross behind LF
- & LF step to left side
- 8 RF cross over LF

[25-32] L Shuffle Fwd, R Shuffle Fwd, L Step Fwd, Pivot ½ Turn Right, L Stomp Together, R Stomp Together

- 1 LF step forward
- & RF step next to LF
- 2 LF step forward (you are now side by side)
- 3 RF step forward
- & LF step next to RF
- 4 RF step forward
- 5 LF step forward
- 6 L+R ½ pivot/turn right (weight ends on RF)
- 7 LF stomp next to RF
- 8 RF stomp next to LF

[33-40] Walk Fwd L-R, L Stomp Together & Clap Hands With Dancers Beside You, R Kick Fwd, Walk Back R-L, R Coaster Step

- 1 LF walk forward
- 2 RF walk forward
- 3 LF stomp next to RF

(clap with your L-hand against left hand of dancer left next to you and R-hand against R-hand of dancer right next to you)

- 4 RF kick forward
- 5 RF walk back
- 6 LF walk back
- 7 RF step back
- & LF step next to RF
- 8 RF step forward

[41-48] Walk Fwd L-R, L Stomp Together & Clap Hands With Dancers Beside You, R Kick Fwd, Walk Back R-L, R Coaster Step

- 1 LF walk forward
- 2 RF walk forward
- 3 LF stomp next to RF

(clap with your L-hand against left hand of dancer left next to you and R-hand against R-hand of dancer right next to you)

- 4 RF kick forward
- 5 RF walk back

- 6 LF walk back
- 7 RF step back
- & LF step next to RF
- 8 RF step forward

[49-56] L Jazz Box With Stomp Together, R Jazz Box With Stomp Together

- 1 LF cross over RF
- 2 RF step back
- 3 LF step left side
- 4 RF stomp next to LF
- 5 RF cross over LF
- 6 LF step back
- 7 RF step right side
- 8 LF stomp next to RF (weight remains on RF)

[57-64] L Rolling Vine, R Stomp Together, R Rolling Vine, L Stomp Together

- 1 LF $\frac{1}{4}$ turn left, step forward
- 2 RF $\frac{1}{2}$ turn left, step back
- 3 LF $\frac{1}{4}$ turn left, step left side
- 4 RF stomp next to LF (weight remains on LF)
- 5 RF $\frac{1}{4}$ turn right, step forward
- 6 LF $\frac{1}{2}$ turn right, step back
- 7 RF $\frac{1}{4}$ turn right, step right side
- 8 LF stomp next to RF

Start again and have fun
