

Djingis Khan

拍数: 64 墙数: 2 级数: Improver
编舞者: Louise Elfvengren (NOR) - September 2011
音乐: Djingis Khan - Vikingarna



Intro: Start at vocals

SECTION 1: SIDE, BEHIND, TURN 1/4 RIGHT, TURN 1/4 RIGHT, SIDE, CROSS, SIDE, HOLD

- 1-4 Step right to right, step left behind right, turn ¼ right stepping right forward, turn ¼ right, stepping left beside right.
5-8 Step right to right side, cross left in front of right, step right to right side, hold.

SECTION 2: TOE STRUTS TRAVELLING FORWARD

- 1-4 Step left forward toe – heel, step right forward toe – heel
5-8 Step left forward toe – heel, step right forward toe – heel

SECTION 3: SIDE, BEHIND, TURN 1/4 LEFT, TURN 1/4 LEFT, SIDE, CROSS, SIDE HOLD

- 1-4 Step left to left, step right behind left, turn ¼ left stepping left forward, turn ¼ left, stepping right beside left.
5-8 Step left to left side, cross right in front of left, step left to left side, hold.

SECTION 4: TOE STRUTS TRAVELLING FORWARD

- 1-4 Step right forward toe – heel, step left forward toe – heel
5-8 Step right forward toe – heel, step left forward toe – heel

SECTION 5: RUN BACKWARDS x 3 WITH KICK, RUN FORWARDS x 3 WITH TOUCH

- 1-4 Run back right – left – right, kick left forward
5-8 Run forward left – right – left, touch right next to left

SECTION 6: VINE RIGHT WITH TOUCH – VINE LEFT ¼ LEFT, HOLD

- 1-4 Step right to right, step left behind right, step right to right, touch left next to right.
5-8 Step left to left, step right behind left, turn ¼ left step down on left, hold.

SECTION 7: STEP TURN STEP ½ LEFT HOLD, STEP TURN STEP ½ RIGHT, HOLD.

- 1-4 Step right forward, turn ½ left stepping left forward, step right forward, hold.
5-8 Step left forward, turn ½ right stepping right forward, step left forward, hold.

SECTION 8: ROCKING CHAIR, STEP FORWARD, TURN ¼ LEFT, BRUSH RIGHT FOOT FORWARD AND BACK

- 1-4 Rock right forward, recover onto left, rock right back, step down on left.
5-8 Step right forward, turn ¼ left stepping down on left, brush right foot forward and back.

Start again !

Dance ends 12 at brushes section 8

Have fun ... and join them in the laughter and hoah,..you understand when you hear the track

Last Revision - 24th September 2011