

Buncha Girls

拍数: 64 墙数: 2 级数: Improver
编舞者: Jonathan Williamson (UK) - August 2011
音乐: A Buncha Girls - Frankie Ballard : (Album: Frankie Ballard)



Dance starts 32 beats from beginning of track

RIGHT KICK BALL POINT, LEFT SAILOR, RIGHT SAILOR, ROCK RECOVER

1&2 Kick right forward, step right besides left, point left to left side
3&4 Left behind right, right to right, left in place
5&6 Right behind left, left to left, right in place
7-8 Rock forward left, recover weight on right

BACK LEFT RIGHT, BACK SHUFFLE, ½ TURN STRUTT, ¼ SIDE STRUTT

1-2 Walk back left, right
3&4 Step back left, step right besides left, step back left
5-6 ½ turn right stepping forward on right toe, push weight down onto right heel
7-8 ¼ turn right stepping left toe to left side, push weight down onto left heel

RIGHT BEHIND, SIDE, CROSS SHUFFLE, KICK BALL CROSS, ROCK RECOVER

1-2 Step right behind left, step left to left side
3&4 Cross right over left, step left to left side, cross right over left
5&6 Kick left to left diagonal, step ball of left besides right, cross right over left
7-8 Rock left to left side, recover weight on right

LEFT BEHIND, SIDE, CROSS SHUFFLE, KICK BALL CROSS, STEP & TOUCH

1-2 Step left behind right, step right to right side
3&4 Cross left over right, step right to right side, cross left over right
5&6 Kick right to right diagonal, step ball of right besides left, cross left over right
7-8 Step right to right side, touch left besides right

¼ TURN, ½ TURN, LEFT BACK SHUFFLE, ROCK, RECOVER, RIGHT KICK BALL STEP

1-2 ¼ turn left stepping forward left, ½ turn left stepping back right
3&4 Step back left, step right besides left, step back left
5-6 Step back right, recover weight forward on left
7&8 Kick right foot forward, step ball of right besides left, step forward left

WALK RIGHT, LEFT, RIGHT SHUFFLE, STEP ½ TURN, STEP, TOUCH

1-2 Walk forward right, walk forward left
3&4 Step forward right, step left besides right, step forward right
5-6 Step forward left, pivot ½ turn right
7-8 Step forward left, touch right besides left

Restart here on wall 2

RIGHT SIDE ROCK, BEHIND SIDE CROSS, LEFT SIDE ROCK, BEHIND SIDE STEP

1-2 Rock right to right side, recover weight back on left
3&4 Step right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover weight back on right
7&8 Step left behind right, step right to right side, step forward left

STEP, TOE TOUCH, & HEEL, HOLD, & WALK, WALK, LEFT SHUFFLE

1-2 Step forward right, touch left toe behind right
&3-4 Rock back on left, step right heel forward, hold

&5-6 Step forward on right, walk forward left, right
7&8 Step forward left, step right besides left, step forward left.

There is one restart: On wall 2 dance the first 48 steps and restart.

**If you have any queries please contact me by email at willand@talktalk.net.
Please also check out my other dances at www.feetaflame.talktalk.net**
