Been There, Done That

拍数: 32

级数: Improver

编舞者: Rich Firth (UK) - September 2011

音乐: Smilin' Song - Vince Gill : (Album: These Days)

Intro: 32 counts	
Section 1: Back Rock, Side Close Side, Behind Unwind, Cross Point	
1-2	Rock back R(1), recover onto L(2)
3&4	Step R to R side(3), close L beside R(&), step R to R side(4)
5-6	Cross L behind R(5), unwind 1/2 L(6) (6.00)
7-8	Cross R over L(7), point L toe to L side(8)
Section 2: Cross Point, Cross Back Side Cross, Point Turn Half	
1-2	Cross L over R(1), point R toe to R side(2)
3-6	Cross R over L(3), step back on L(4), step R to R side(5), cross L over R(6)
7-8	Point R toe to R side(7), turn 1/2 R on ball of L foot(8) (12.00) (weight finishes on R)
Section 3: Kick & Point, Cross Unwind Full Turn, Side Rock Cross, Side Rock Touch	
1&2	Kick L forward(1), step L next to R(&), point R toe to R side(2)
3-4	Cross R over L(3), unwind full turn L(4)
5&6	Rock L to L side(5), recover onto R(&), cross L over R(6)
7&8	Rock R to R side(7), recover onto L(&), touch R next to L(8)
Restart Here During Wall 7	
Section 4: Right Rock, Behind Turn Step, Full Turn, Mambo Step	
1-2	Rock R to R side(1), recover onto L(2)
3&4	Cross R behind L(3), turn 1/4 L stepping forward on L(&), step forward R(4) (9.00)
F O	The $4/0$ D standing hashes $1/5$, the $4/0$ D standing forward $D(0)/(0.00)$

- 5-6 Turn 1/2 R stepping back on L(5), turn 1/2 R stepping forward R(6) (9.00)
- 7&8 Rock L forward(7), recover on R(&), step L next to R(8)

Restart: During wall 7 after section 3

Enjoy!!





墙数:4