

# A Little Waltz of a Lifetime

**COPPER KNOB**  
STEPSHEETS

拍数: 24      墙数: 1      级数: Ultra Beginner waltz  
编舞者: Russell Breslauer (USA) - July 2011  
音乐: Waltz of a Lifetime - Dave Sheriff



---

**Alt. Music: A Little Waltz by Dreams Come True Or any waltz**

## **BASIC (FORWARD AND BACK ) (1-6)**

1-2-3      Step forward on Left, Right, Left  
4-5-6      Step back on Right, Left, Right

## **LEFT TWINKLE, RIGHT TWINKLE (7-12)**

1-2-3      Cross step left over right, recover on right, step left in back to place  
4-5-6      Cross step right over left, recover on left, step right back to place

## **CIRCLE WEAVE (VINE RIGHT SWEEP VINE LEFT SWEEP)(13-18)**

1-2-3      Cross left over right, step right on right, step left behind right, Sweep right behind left  
4-5-6      Cross step right behind left, step left on left, step right behind left, Sweep left forward

## **STEP, RISE, KICK, KICK, COASTER STEP (19-24)**

1-2-3      Step forward on left, drag right forward rising on ball of left, low kick forward on right  
4-5-6      Step back on right, step left, step right forward

**REPEAT**

Contact: [BreslauerDanceSF@yahoo.com](mailto:BreslauerDanceSF@yahoo.com)

---