

Sixteen Tons

拍数: 32 墙数: 2 级数: Beginner
编舞者: Terri Lineberry (USA) - September 2011
音乐: Sixteen Tons - Tennessee Ernie Ford : (Album: Hotdog Hits and Happy Days)



Start on lyrics

GRAPEVINE RIGHT, GRAPEVINE LEFT

1-2 Step right to right, step left behind right
3-4 Step right to right, touch left beside right
5-6 Step left to left, step right behind left
7-8 Step left to left, scuff right ½ turn left

GRAPEVINE LEFT, GRAPEVINE RIGHT

1-2 Step right to right, step left behind right
3-4 Step right to right, touch left beside right
5-6 Step left to left, step right behind left
7-8 Step left to left, scuff right beside left

BIG STEP FORWARD RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, BIG STEP BACK RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT

1-2 Step big step forward to the right, touch left to right
3-4 Step left to left, touch right to left
5-6 Step big step backward to the right, touch left together
7-8 Step left to left, touch right to left

BRING RIGHT KNEE UP AND STRAIGHTEN TO RIGHT, BRING LEFT KNEE UP AND STRAIGHTEN TO LEFT

1-4 Bring right knee up and straighten leg forward to the right (about at 1:00 & turn body slightly to the left. Bend right arm up toward body, together with the leg, and straighten out to side with palm facing right)
5-8 Bring left knee up and straighten leg forward to the left (about at 11:00 & turn body slightly to the right. Bend left arm up toward the body, together with the leg, and straighten out to side with palm facing to left)

BEGIN AGAIN

TAG 1: After the 2nd, & 4th time through:

1-2 Step right to side, touch left to right
3-4 Step left ¼ to left, touch right to left
5-6 Step right to side, touch left together
7-8 Step left to left, touch right together.

9-10 Step right forward to right, snap finger
11-12 Step left ¼ to left, snap finger
13-14 Step right ¼ to left, snap finger
15-16 Step left ¼ to left, snap finger (Should be facing 1st wall)

BEGIN AGAIN

TAG 2: After 6th time through

Repeat 1-14

15-16 Step left ¼ to left, snap finger
17-18 Touch right toe out to side and hitch right knee

BEGIN AGAIN
