

Livin La Vita Loca

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 2 级数: Beginner
编舞者: Terri Lineberry (USA) - September 2011
音乐: Livin' la Vida Loca - Ricky Martin : (CD: Ricky Martin)



16 count intro

JAZZBOX , JAZZBOX ½ TURN LEFT

1-2 Step right forward, cross left over right
3-4 Step right back, step left to right
5-6 Step right forward, cross left over right
7-8 Step back on right 1/4 turn left, step left forward ¼ turn left

CROSS ROCK RIGHT AND LEFT

1&2& Cross right over left, step on left, step right back to right, step on left
3&4 Cross right over left, step on left, step right back to right
5&6& Cross left over right, step on right, step left back to left, step on right
7&8 Cross left over right, step on right, step left back to left

(Optional: you can leave out the &'s and just rock & step)

LOCK STEP FORWARD, MAMBO FORWARD, COASTER STEP

1&2 Step right forward, step left behind right, step right forward
3&4 Step left forward, step right behind left, step left forward
5&6 Rock right forward, recover on left, step right to left
7&8 Step left back, step right to left, step left forward

REPEAT AGAIN
