

La Bamba Mama

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Terri Lineberry (USA) - September 2011
音乐: La Bamba - Ritchie Valens : (CD: The Best of Ritchie Valens)



16 count intro

TOE, HEEL, CHA CHA CHA, TOE, HEEL, CHA CHA CHA

1-2 Touch right toe to left instep, step right heel forward
3&4 Step right beside left, step left to right, step right to left
5-6 Touch left toe to right instep, step left heel forward
7&8 Step left beside right, step right to left, step left to right

CHARLESTON, WALK FORWARD

1-2 Step right forward, kick left forward
3-4 Step left back, touch right toe back
5-6 Step right forward, step left forward
7-8 Step right forward, kick left forward with clap

WALK BACK, HITCH ¼ RIGHT, STEP, HITCH, SIDE STEPS

1-2 Step left back, hitch right ¼ turn right
3-4 Step right to right, hitch left beside right
5-6 Step left to left, step right to left
7-8 Step left to left, touch right to left

Restart here on walls 3 (6:00) & 5 (12:00)

K-STEPS

1-2 Step right forward, touch left to right
3-4 Step left back, touch right to left
5-6 Step right back, touch left to right
7-8 Step left forward, touch right to left

(On 7th wall (9:00) add 4 counts and then restart)

REPEAT AGAIN
