

Way To Go

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Sandy Kerrigan (AUS) - July 2011
音乐: Way To Go - The Drew Davies Rhythm Combo



Beats Execution And Styling Of Steps - Version 1:00

Right Side Shuffle, Back Rock Step, ¼ Back, Heel Bounce with Knee Action

1 & 2,3,4 Step R to R, Step Tog L, Step R to R, Rock Back L, Replace fwd R
5,6,7,8 Turning ¼ R Step Back L, Bounce R Heel Fwd, L Heel Back, R Heel F
(Heel bounce with feet in line, exaggerated knee action)

Lift Cross, Side, ¼ Hinge with side Shuffle, Cross, Side, Syncopated Heel Bounces

1,2 Cross L over R, Step R to R, ¼ Hinge Turn L to 12:00
3 & 4,5,6 Step L to L, Step Tog R, Step L to L, Cross R over L, Step L to L
7 & 8 Bounce R Heel Fwd,, Bounce L Heel Back, Bounce R Heel Fwd 12:00
(feet apart, knees also roll while bouncing the heels, brush palm of hands to lower thigh with same rhythm)

Cross, Side, L Sailor, R Sailor, Tap Back, Lift Step ¼ Forward

1,2,3 & 4 Cross L over R, Step R to R, Sweep L Behind R, Step R to R, Rep to L
5 & 6 Sweep R behind L, Step L to L, Replace R to R side
(Sailors will travel slightly back)
7,8 Tap L Behind R, Turning ¼ L – Hitch L Stepping Fwd L 9:00

½ Circular Walk around, Kick Ball Change, Kick Ball Step, Step ½ Turn with Heel Fwd

1,2,3 & 4 Turning ½ Left – Walk R, Walk L, Kick R Fwd, Ball of R to L, Tog L
5 & 6,7,8 Kick R Fwd, Ball of R to L, Step Fwd L, Step Fwd R-Turn ½ L on R, L Heel Fwd 9:00

Step ½ Turn with Heel Fwd, Bounce R Fwd X 2, and Dorothy Steps

1,2 Step on L in place, Turn ½ R on L, R Heel Fwd 3:00
3,4 R in Place Bounce Ball of R Foot X 2 (heel on floor)
5,6 & Step Fwd R to Face Side R 45°, Lock L Behind R, Step Fwd R
7,8 & Step Fwd L to Face Side L 45°, Lock R Behind L, Step Fwd L

Fwd ½ Pivot Turn, ½ Turning Shuffle, Back Rock with Lift, L Shuffle Fwd

1,2,3 & 4 Step Fwd R, ½ Pivot Turn L/wt on L, Turning ½ L shuffle Back on R
5,6 Rock Back-Lifting R Heel off the floor, Replace wt Fwd to R,
7 & 8 Step Fwd L, Step tog R, Step Fwd L 3:00

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Note: Thank you Deidre for introducing me this very talented Artist/Group! - Sandy Kerrigan