

Hey

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Frank Trace (USA) - August 2011
音乐: Hey - Blake Shelton : (CD: Red River Blue)



I would like to thank Joann Atkinson, of Texas, for suggesting this music.

Dance pattern: 32, 32, tag, 32, 32, tag, 32 'til end of dance.

SHUFFLE FORWARD, CROSS, 1/4 TURN LEFT, STEP, SHUFFLE FORWARD, CROSS, 1/4 TURN LEFT, STEP

1&2 Shuffle forward stepping R, L, R
3&4 Cross L over R, turn 1/4 left and step back on R, step L to left side (9:00)
5&6 Shuffle forward stepping R, L, R
7&8 Cross L over R, turn 1/4 left and step back on R, step L to left side (6:00)

TOE, TOE, COASTER STEP, TOE, TOE, SAILOR 1/4 TURN LEFT

1-2 Touch R toe forward, touch R toe to right side
3&4 Coaster: Step R back, step L next to R, step R forward
5-6 Touch L toe forward, touch L toe to left side
7&8 Sweep and step L behind R, turn 1/4 left and step on R, step L forward (3:00)

SIDE ROCK CROSS, SIDE ROCK CROSS, 1/4 TURN LEFT CROSS, SHUFFLE SIDE LEFT

1&2 Rock R to right side, recover onto L, step R forward
3&4 Rock L to left side, recover onto R, step L forward
5&6 Step R forward, turn 1/4 left (weight on L), cross R over L (12:00)
7&8 Side shuffle left stepping L, R, L

CROSS ROCK, SHUFFLE 1/4 TURN, PIVOT 1/2, SIDE MAMBO STEP

1-2 Cross rock R over L, recover onto L
3&4 Shuffle side right stepping R, L, R ending with a 1/4 turn right (3:00)
5-6 Step L forward, pivot 1/2 right weight onto R (9:00)
7&8 Rock L to left side, recover onto R, step L next to R

TAG: PIVOT 1/2 LEFT, SHUFFLE FORWARD, PIVOT 1/2 RIGHT, SHUFFLE FORWARD

1-2 Step R forward, pivot 1/2 left, (weight on L)
3&4 Shuffle forward stepping R, L, R
5-6 Step L forward, pivot 1/2 right (weight on R)
7&8 Shuffle forward stepping L, R, L

NOTE: Tag happens twice, once at the 6:00 wall and once at the 12:00 wall.

ENDING: Dance ends at the front wall. Step forward on R and yell "HEY!"