

Do It 2nite

拍数: 64 墙数: 4 级数: Phrased Intermediate
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音乐: Give Me Everything (feat. Ne- Yo) - Pitbull



Start after 32 counts - Sequence A, A, B, B, B restart, B, A, A, B, B, B restart, B

Part A – 32 counts

Right rock forward recover back right shuffle, rock left back, recover, forward left shuffle

1-2 Rock forward on the right, recover onto the left
3&4 Step back right, left next to right, right back
5-6 Rock back left, recover right
7&8 Step left forward, step right next to left, step left

Rock right side recover, cross shuffle, rock left side, recover, cross shuffle

1-2 Rock right out to the side, recover onto the left
3&4 Cross right over left, step left to side, cross right over left
5-6 Rock left out to the side, recover onto the right
7&8 Cross left over right, step right to side, cross left over right

¼, ¼ cross shuffle, ¼, ¼ cross shuffle

1-2 Make ¼ turn left stepping back right, ¼ left stepping left to side
3&4 Cross right over left, left to side, cross right over left
5-6 Make ¼ turn right stepping back left, ¼ right stepping right to side
7&8 Cross left over right, right to side, cross left over right

Monterey ¼ turns

1-2 Point right to right side, ¼ turn stepping right next to left
3-4 Point left out to left side, step left next to right
5-6 Point right to right side, ¼ turn stepping right next to left
7-8 Point left out to left side, step left next to right

Part B – 32 counts

Right Kickball step, rock recover, back cross back, toe back half turn

1&2 Right kick, step right next to left, step left forward
3-4 Rock right forward recover
5&6 Step back right, cross left over right, step right back
7-8 Step left toe back, ½ left keeping weight on left foot

Rock recover, run back, hip bumps with ¼ turn, coaster step

1-2 Rock right forward, recover
3&4 Run back right, left right
5&6 Hip bump left, right, left ¼ turn keeping weight on left foot
7&8 Step back right, step back left next to right, step right forward

Rock recover, sailor ¼ turn, step ½ step, sailor full turn

1-2 Rock forward left recover
3&4 Step ¼ left side, back on the right step left
5-6 Step half right, step left forward
7&8 Sweep right round full turn stepping right left right

Rock left recover out, out touch, rock recover, triple full turn

1-2 Rock forward left recover

&3-4 Step left out to left, step right out to right side, touch left beside right
5-6 Rock forward left recover
7&8 Step full turn left right left

Restart on B after hip bumps don't do the quarter turn and do a right coaster step for 7&8 to start B again.

Last Revision on site - 4th September 2011
