

# Rack Attack

拍数: 64      墙数: 1      级数: Intermediate  
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音乐: Here for the Party - Gretchen Wilson



## STOMPS + SAILOR SHUFFLES- RIGHT, LEFT, RIGHT, TOUCH

1&2      Stomp right to right side, cross left behind right, step right to right side  
3&4      Stomp left to left side, cross right behind left, step left to left side  
5&6      Stomp right to right side, cross left behind right, step right to right side  
7-8      Step left to left side, touch right toe next to left

## ¼ TURN RIGHT, POINT, STEP & CROSS, SWEEP, TAP, HEELS, STOMP

9&10      ¼ turn right, point right toe forward, right back, step left over right  
11-12      Slide right toe around to cross over left with ¼ turn left, (weight on left)  
13&14      Tap left toe behind right, step left next to right, touch right heel forward  
&15      Step right next to left, touch left heel forward  
&16      Step left next to right, stomp right next to left

## KICKS, TOUCH BACK, SCUFF, ½ TURN, STEP

17-18      Kick right forward twice  
&19      Step right next to left, touch left toe back  
20      Hold  
21-22      Step forward left, scuff right foot next to left while doing a ½ turn left  
23-24      Right forward, touch left next to right

## KICKS, TOUCH BACK, KICK, SIDE TOUCH, KICK, SIDE TOUCH

25-26      Kick left forward twice  
&27      Step left next to right, touch right toe back  
28      Hold  
29&30      Kick right forward, step right next to left, point left toe to left  
31&32      Kick left forward, step left next to right, point right toe to right

## ROCK FORWARD, BACK, HEEL SPLIT

33-34      Step forward on right, rock back on left  
35&36      Step right next to left, heels out, heels in  
37-38      Step forward on left, rock back on right  
39&40      Step left next to right, heels out, heels in

## POINT, SWEEP, HEEL SPLIT

41-42      Touch right toe to right, sweep right over left, ¼ turn left  
43&44      Step down on heel, heels out, heels in  
45&46      Touch left toe to left, sweep left over right, ¼ turn right  
47&48      Step down on heel, heels out, heels in

## KICK, ¼ TURN, SQUAT, ¼ TURN, RIGHT HIP BUMPS

49-50      Kick right forward, ¼ turn left, squat with knees out  
51-52      Kick right forward, ¼ turn left, squat with knees out  
53-54      Step right over left, ¼ turn left  
55-56      Right hip bump, right hip bump

## JUMP FORWARD, CLAP, JUMP BACK, CLAP, PIVOT ¼ RIGHT

57&58      Step forward right, step forward left, clap

59&60 Step back right, step back left, clap  
61-62 Roll right knee  $\frac{1}{4}$  turn right, roll left knee  $\frac{1}{4}$  turn right  
&63 Touch right toe forward, step next to left  
&64 Touch left toe forward, step left next to right

**Repeat - Video available on YouTube.**

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