

1 Love

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Stephanie Swain (UK) - August 2011
音乐: One Love - Bob Marley & The Wailers



Step, touch, step, step, coaster step

1-2 step right to side, touch left beside right
3-4 step left to side, step right beside left
5-7 left coaster step
8 hold

Step, touch, step, touch, step, step, ¼ turn left

9-10 step fwd on right, touch left beside right
11-12 step back on left, touch right beside left
13-15 step right to side, step left beside right, step right to side with ¼ turn left
16 hold

Back lock step, rock back, step fwd

17-19 step back on left, lock right across left, step back on left
20 hold
21-23 rock back on right, recover on left, step right fwd
24 hold

Full turn fwd, right mambo fwd

25-27 full turn right stepping left, right, left traveling fwd
28 hold
29-31 step fwd on right, step left in place, step back on right
32 hold

Mambo box fwd

33-34 Step left to side, step right together
35-36 Step left forward, hold
37-38 Step right to side, step left together
39-40 Step right back, hold

Mambo box back

41-42 step left to side, step right together
43-44 step left back, hold
45-46 step right to side, step left together
47-48 step right fwd, hold

Cross rock, step, cross rock, ¼ turn right

49-50 cross rock left over right, recover on right
51-52 step left to side, hold
53-54 cross rock right over left, recover on left
55-56 step right to side with ¼ turn right, hold

Step ¼ turn right, cross, vine right cross

57-58 step fwd on left, ¼ turn right
59-60 cross left over right, hold
61-62 step right to side, step left behind right
63-64 step right to side, cross left over right

START AGAIN..

TAG: is done at the end of walls 1 & 3

1-4 vine right

5-8 vine left

9-12 right side toe strut, left cross toe strut

13-16 right side toe strut, left cross toe strut
