

# High Heels To Fill

COPPER KNOB  
BY STEPHEN

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
编舞者: Forty Arroyo (USA) - August 2011  
音乐: High Heels - Courtney Darwin : (CD: Born To Love)



Sequence: 32, 32, 16 >> RESTART, 32, 32, TAG#1, 32, TAG#2, 32, 16... (Ends)  
Don't be alarmed by the re-start and tags – the music will guide you.

## [1-8] SIDE, ROCK, RECOVER, STEP, BALL, STEP – REPEAT (ends at 12 o'clock)

1, 2&                      Step side R, Rock ball of L behind R, Step R in place  
3&4                      Step forward on L diagonal, Step ball of R behind L, Step forward on L diagonal  
5-8                      Repeat

## [9-16] STEP, ¼ LEFT, ¼ RIGHT, ½ LEFT, STEP, ROCK, STEP, ROCK, STEP (ends at 6 o'clock )

1, 2                      Step forward on R, Pivot ¼ to L – shifting weight to L  
3, 4                      Turn ¼ to R – stepping R in place, Pivot ½ turn to left stepping L in place  
5, 6                      Step forward R, Step forward L  
&7&8                      Step forward on R(&), Step L next to R(3), Step back on R(&), Step L next to R(4)

**RESTART HAPPENS HERE AT 12 o'clock (after two full rotations)**

## [17-24] STEP, PUSH AND BUMP, STEP, PUSH AND BUMP (ends at 6 o'clock)

1, 2                      Step slightly forward on R diagonal – pushing hips forward, Step L in place pushing hips back  
3&4                      Bump hips R, L, R (weight on R)  
5, 6                      Step slightly forward on L diagonal– pushing hips forward, Step R in place pushing hips back  
7&8                      Bump hips (in place) L, R, L (weight on L)

## [25-32] STEP, CROSS, STEP, SWAY, SHUFFLE, PIVOT ¼ (ends at 3 o'clock)

1&2                      Step back R diagonal, Cross L over R, Step back R diagonal  
3&4                      squaring off to 6 o'clock - Sway hips to L, Sway hips to R  
5&6                      Step forward on L, Step R next to L, Step forward on L  
7, 8                      Step forward on R, Pivot ¼ to L – shifting weight of L.

## TAG#1 – 8 counts – happens at 12'oclock

### (1 - 8) NC2 - R SIDE BASIC, L SIDE BASIC

1 2&                      Step R to side(1), Step L slightly behind R (2), Step R in place – slightly forward and across L (&)  
3, 4&                      Step L to side (3) Step R slightly behind L (4), Step L in place – slightly forward and across R (&)  
5, 6&                      Step R to side(1), Step L slightly behind R (2), Step R in place – slightly forward and across L (&)  
7, 8&                      Step L to side (3) Step R slightly behind L (4), Step L in place – slightly forward and across R (&)

Tag#2 – Sway R, L, R, L – happens before and the ONLY time you start the dance at 9 o'clock

Finale: You will be starting the dance at 12 o'clock

Dance up to count 16 (now at 6 o'clock) – then do the following:

1-4                      Step forward on R, Pivot ¼ L, Step forward on R, Pivot ¼ L

ENJOY!! Questions? Email [forty.arroyo@gmail.com](mailto:forty.arroyo@gmail.com)

Revised 8/24

