Little Cha-Cha-Cha

拍数: 32

级数: Beginner

编舞者: Michael Beck (USA) - August 2011

音乐: The Cha-cha-cha - Bobby Rydell

Intro: 32 Counts

This dance was specially choreographed in appreciation for the dedication and efforts of my Tuesday, 1st year senior dance class students.

You guys and gals work so hard and I am proud to be your instructor.

SIDE, TOGETHER, FORWARD, HOLD, SIDE, TOGETHER, FORWARD, HOLD,

- 1-2 Step left to side, Step right next to left
- 3-4 Step left forward, Hold
- 5-6 Step right to side, Step left next to right
- 7-8 Step right forward, Hold

ROCK, RECOVER, SHUFFLE BACK, COASTER STEP, HOLD

- 1-2 Rock left forward, Recover on right
- 3&4 Shuffle back Left, Right, Left
- 5-7 Step back right, Step left next to right, Step right forward
- 8 Hold

CROSS ROCK, RECOVER, CHA-CHA-CHA (L-R-L), CROSS ROCK, RECOVER, 1/4 TURN RIGHT CHA-CHA-CHA (R-L-R)

- 1-2 Cross left over right, Recover on right
- 3&4 Cha-Cha-Cha (L-R-L)
- 5-6 Cross right over left, recover left
- 7&8 Turn 1/4 right and Cha-Cha-Cha (R-L-R)

STEP, LOCK, STEP-LOCK-STEP, STEP, LOCK, STEP-LOCK-STEP

- 1-2 Step left forward on diagonal left, Lock right behind left
- 3&4 Step left forward on diagonal left , Lock right behind left, Step left forward
- 5-6 Step right forward on diagonal right, Lock left behind right
- 7&8 Step right forward on diagonal right, Lock left behind right, Step right forward

REPEAT





墙数:4