

Lover Man

拍数: 32 墙数: 4 级数: Intermediate
编舞者: David Spencer (UK) - August 2011
音乐: Lover Man - James Otto : (CD: Shake What God Gave Ya)



16 count intro - Start on vocals

Left Cross Rock, 1/4 Turn Walk Walk, Right Rock Forward, Ball Step Tap.

- 1 – 2 Cross rock L over R. Recover back on R.
- &3–4 Make 1/4 L stepping forward on L. Walk forward R then L.
- 5 – 6 Rock forward on R. Recover back on L.
- &7–8 Close R next to L. Step forward on L. Tap R toe behind L foot. [9.00]

Right Shuffle Back, Left Shuffle Half Turn Left, Sweep 1/4 Cross. Left Side Rock Touch.

- 1 & 2 Shuffle back on R-L-R.
- 3 & 4 Shuffle half turn left stepping L-R-L.
- 5 – 6 Sweep R to front making 1/4 turn L. Cross R over L.
- 7 & 8 Rock out on L to L side. Recover back on R. Touch L next to R. [12.00]

Left Side Close, Left Lock Step Back, 3/4 Turn Right, Right Back Rock Side.

- 1 – 2 Long step L on L. Close R next to L.
- 3 & 4 Step back on L. Lock R over L. Step back on L.
- 5 – 6 Make 1/2 turn R stepping forward on R. Make 1/4 R stepping L to L side.
- 7 & 8 Rock back on R behind L. Recover forward on L. Step R to R side. [9.00]

Left Kick & Heel & Cross Shuffle, 3/4 Turn Right, Sailor 1/4 Turn Right.

- 1&2& Kick L across R. Step down on L to L Side. Dig R heel across L. Step R next to L.
- 3 & 4 Cross L over R. Step R to R side. Cross L over R.
- 5 – 6 Make 1/4 turn R stepping forward on R. Half turn R stepping back on L.
- 7 & 8 Sweep and cross R behind L making 1/4 turn R. Step L in place. Step R to R side. [9.00]

Non-turning option for counts 5 to 8.

- 5 – 6 Step R to R side. Close L next to R.
- 7 & 8 Chasse to R on R-L-R.

TAGS: At the end of wall 3 (facing 3.00) and wall 6 (facing 9.00).

- 1 – 2 Step forward on L. Pivot 1/2 turn R.
- 3 – 4 Step forward on L. Pivot 1/2 turn R.

Non-turning option: Rock forward on L, recover back on R, rock back on L, recover forward on R.

RESTART: During wall 4 dance up to count 16 (the L Side Rock Touch) then start again from the beginning – you will be facing the 3.00 wall.

Contact: www.lincolnlonestars.co.uk