

Legend of Xanadu

COPPER KNOB
STEPPERS

拍数: 72 墙数: 2 级数: Improver
编舞者: Liz Cartwright (UK) - August 2011
音乐: The Legend of Xanadu - Dave Dee, Dozy, Beaky, Mick & Tich



Intro: 16 Counts From Start Of Heavy Beat (When Vocals Start)

SECTION 1. WEAVE RIGHT, SIDE ROCK, CROSS, HOLD.

1-4 Step Right To Right, Cross Left Behind Right, Step Right To Right, Cross Left Over Right
5-8 Rock Right To Right, Recover Weight On Left, Cross Right Over Left, Hold

SECTION 2. WEAVE LEFT, SIDE ROCK, CROSS, HOLD

1-4 Step Left To Left, Cross Right Behind Left, Step Left To Left, Cross Right Over Left
5-8 Rock Left To Left, Recover Weight On Right, Cross Left Over Right, Hold

SECTION 3. RUMBA BOX

1-4 Step Right To Right, Step Left Beside Right, Step Right Forward, Hold
5-8 Step Left To Left, Step Right Beside Left, Step Left Back, Hold

SECTION 4. SHIMMY TO RIGHT, GRAPEVINE LEFT

1-4 Take A Long Step To The Right With Right, Shimmy Over 2 Counts, Touch Left Beside Right
5-8 Step Left To Left, Cross Right Behind Left, Step Left To Left, Touch Right Beside Left

SECTION 5. ¼ MONTEREY TURN RIGHT, JAZZ BOX

1-4 Touch Right To Right, Turn ¼ Turn Right Weight On Right, Touch Left To Left, Step Left Beside Right
5-8 Cross Right Over Left, Step Back On Left, Step Right To Right, Step Left Beside Right

SECTION 6. ¼ MONTEREY TURN RIGHT, JAZZ BOX

Repeat Section 5

SECTION 7. STEP TOUCHES, FORWARD AND BACK

1-4 Step Diagonally Forward On Right, Touch Left Beside Right, Step Diagonally Forward On Left, Touch Right Beside Left
5-8 Step Diagonally Back On Right, Touch Left Beside Right, Step Diagonally Back On Left, Touch Right Beside Left

Bridge: On Walls 3 And 4 Repeat Step Touches, Then Continue Dance

SECTION 8. ROCKING CHAIR, STEP ½ PIVOT, ROCK RECOVER

1-4 Rock Forward On Right, Recover Back On Left, Rock Back On Right, Recover Forward On Left
5-8 Step Forward On Right, Pivot Half Turn Left, Weight On Left, Rock Forward On Right, Recover Back On Left

SECTION 9. ROCK BACK, RECOVER, STEP ½ PIVOT, ROCKING CHAIR

1-2 Rock Back On Right, Recover Forward On Left
3-4 Step Forward On Right, Pivot Half Turn Left Weight On Left
5-8 Rock Forward On Right, Recover Back On Left, Rock Back On Right, Recover Forward On Left

REPEAT, AND ENJOY