

Breathless

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Margaret Warren (AUS) - August 2011
音乐: Breathless - Chris Norman : (Album: One Acoustic Evening)



32 Beat Intro, Start on Vocals (Music Available on I Tunes)

R Side, Touch, L Side, Touch, Rolling Vine R, Touch L

1,2,3,4 Step R to side, touch L beside R, step L to side, touch R beside L
4,6,7,8 Step R, L, R, turning full turn R, touch L beside R
(Option on first 4 beats,) Sweep arms across to R & back to L (12oc)

L Side, Touch, R Side, Touch, Rolling Vine 1¼ Turn L, Touch R

1,2,3,4 Step L to side, touch R beside L, step R to side, touch L beside R
5,6,7,8 Step L, R, L, turning 1¼ to L, touch R beside L
(Option on first 4 beats) Sweep arms across to L & back to R (9oc)

Back, Back, Triple Step, Back, Back, Coaster Step with Turn

1,2,3&4 Step back on R, step back on L, step back on R, step L beside R, step R beside L
5,6,7&8 Step back on L, step back on R, step back on L, step R beside L, turn 1/8 L, step fwd on L (7oc)

R Kick Ball Point, L Kick Ball Point, Rock, Replace ½ Turn R Shuffle

1,&2,3&4 Kick R foot fwd, step on R, point L to side, kick L foot fwd, step on L, point R to side
(Move slightly fwd on last 4 beats)
5,6,7&8 Rock fwd on R, replace on L, turn ½ R, shuffle fwd R, L, R (1oc)

Point, Hold, Tog, Point, Hold, Turn, Tog, Fwd, Back, Tog, Fwd, Back

1,2&3,4 Point L to side, hold, bring L beside R, point R to side, hold (Can do finger clicks on holds)
&5,6 & Step R beside L turning to side wall, rock fwd on L, replace on R
&7,8 Step L beside R, rock fwd on R replace on L (3oc)

R Sailor, L Sailor, Behind, Unwind, Rock Back, Replace

1&2 Step R behind L, step L to side, step R to side, 3&4 Step L behind R, step R to side, step L to side (travel back slightly on sailor steps)
5,6,7,8 Cross R behind L, unwind ½ turn R, weight on L, rock back on R replace on L (9oc)

R Samba, L Samba, Fwd, Replace, Tog, Turn ¼, Side, Side

1&2,3&4 Cross R over L, step L to side, replace on R, cross L over R, step R to side, replace on L
(Travel fwd slightly on Sambas)
5,6&7,8 Rock step fwd on R, replace on L, step R beside L, turn ¼ L step L to side, replace R (6oc)

Cross, Replace, Cross, Replace, Side, Fwd, Replace, Tog, Back, Replace

1,2&3,4& Cross L over R, replace on R, step L to side, cross R over L, replace on L, step R to side
5,6&7,8 Step fwd on L, replace on R, step L beside R, rock step back on R, replace on L (6oc)
(64) Repeat to New Wall

(To finish dance at front) After you dance last 64 beats you will be at back wall;
Step fwd on R, pivot ½ turn L, step fwd on R, step L beside R