

Keep On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Ruben Luna (USA) - August 2011
音乐: Keep On - Eric Church



24 count intro: begin dancing on lyrics.

Walk R, L, Mambo 1/2 Turn R, L Triple Forward, Rock Recover, Step R Back

1-2 Step forward with right foot, step forward with left foot
3&4 Rock forward on right, recover onto left, 1/2 turn right step forward right (6:00)
5&6 Step forward on left, step right next to left, step forward on left
7&8 Rock forward on right, recover onto left, step right back

L Coaster, 1/4 Turn L, Rock & Cross x 2, 1/2 Pivot Turn L

1&2 Step left back, step right next to left, step left forward
3&4 1/4 turn left rock right to side (3:00), Recover onto left, cross right over left
5&6 Rock left to left side, recover onto right, cross left over right
7-8 Step forward on right, 1/2 pivot turn left transfer weight to left (9:00)

R Lock Step, L Lock Step, Mambo R, L Rock Recover Cross

1&2 Step forward on right, lock left behind right, step forward on right (slight right diagonal)
3&4 Step forward on left, lock right behind left, step forward on left (slight left diagonal)
5&6 Rock forward on right, recover onto left, step right back
7&8 Rock left to left side, recover onto right, cross left over right

Point R, L, Heel Touch R, L, Toe Heel Step x 2

1&2& Point right foot to right side, step right next to left, point left to left side, step left next to right
3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
5&6 Touch right toe next to left, scuff right heel forward, step onto right
7&8 Touch left toe next to right, scuff left heel forward, step onto left

(repeat this section after wall 2,4 & 6)

TAG

Happens at the end of wall 2, 4, 6

Repeat last 8 counts of dance at the end of walls 2 & 4 then restart the dance. At the end of the wall 6 instead of restarting the dance you will do Counts 5&6 of the last set of 8 Touch right toe next to left, scuff right heel forward, step onto right. On counts 7&8 you will step forward on left, 1/2 pivot turn to right, step forward on left and the dance will end you should end facing the front wall.

Choreographer(s) Contact Information:

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