

Nah Neh Nah

拍数: 32 墙数: 4 级数: Beginner
编舞者: Marie Sørensen (TUR) - August 2011
音乐: Hey (Nah Neh Nah) - Milk & Sugar & Vaya Con Dios



Intro: 32 Counts

Side, Cross & Clap, Side, Cross & Clap, Side, Rock, Cross, Hold

1-2 Step Left to Left side, Cross Right in front of Left & Clap
3-4 Step Left to Left side, Cross Right in front of Left & Clap
5-6 Rock Left to Left side, Recover
7-8 Cross Left in front of Right, hold (12:00)

Side, Cross & Clap, Side, Cross & Clap, Side, Rock, Cross, Hold

1-2 Step Right to Right side, cross Left in front of Right & Clap
3-4 Step Right to Right side, cross Left in front of Right & Clap
5-6 Rock Right to Right side, Recover
7-8 Cross Right in front of Left, hold (12:00)

Restart the dance here on wall 6 – (09:00)

Side, Touch, Side, Touch, Walk Fwd. Left, Right, Left, Kick & Clap

1-2 Step Left to Left side, touch Right beside Left
3-4 Step Right to Right side, touch Left beside Right
5-6 Walk fwd. Left, Right
7-8 Walk fwd. Left, Kick Right fwd. & Clap (12:00)

Walk Back Right, Left, Right, Touch, Vine ¼ Turn Left, Step Fwd.

1-2 Walk back Right, Left
3-4 Walk back Right, touch Left beside Right
5-6 Step Left to Left side, cross Right behind Left
7-8 ¼ turn Left, step fwd, Left, step fwd. Right (09:00)

Restart: During wall 6, after 16 Counts – (09:00)

Tag: After wall 8 – 8 Counts tag – (03.00)

Side, Touch, Side, Touch, Heel, Tap, Heel, Tap

1-2 Step Left to Left side, touch Right beside Left
3-4 Step Right to Right side, touch Left beside Right
5-6 Tap Left heel fwd. step Left beside Right
7-8 Tap Right heel fwd. step Right beside Left

Have Fun!