

Pretty !

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Pretty Boy - 2NE1



Start : 16 counts

SECTION 1 : WALK FORWARD R L R, CLOSE L, BUTT ROLL, KNEE POP R, L

- 1 – 4 Walk forward R, L, R, close L next to R diagonally facing 11 o'clock (fashion walk)
5 – 6 Bend knees, Palms on thighs push butt back out then straighten up
(as upper body leans forward) [Option : Body roll upward]
7 Lift R heel off the floor by bending the R knee inward
(stretching R hand to R side, L beside your head)
8 Transfer weight to R by lifting L heel off the floor bending L knee inward
(stretching L hand to L side, R beside your head)

SECTION 2 : STEP L DOWN, WALK BACKWARD R L, POINT R , L, R, FLICK, SHUFFLE FORWARD R

- & 1 – 2 Step L down, Walk backward R, L (facing 12 o'clock)
3 & 4 Point R toe to R, close R to L, Point L toe to L
& 5, 6 Close L to R, Point R toe to R, Flick R behind
7 & 8 Step R forward, L behind R, step R forward

SECTION 3 : 1/2 TURN L, R HIP BUMP, SWAY L, R, L HIP BUMP

- 1 – 2 1 1/2 turn L by stepping on L forward, step R to R (6 o'clock)
3 & 4 Hip bump to the R twice (weight on R)
5 – 6 Hip sway L , R
7 & 8 Hip bump to the L twice (weight on L)

SECTION 4 : R KICK BALL STEP, SAILOR R, SAILOR L 1/4 TURN L, PIVOT 1/2 TURN L

- 1 & 2 Kick R forward, step down on ball of R, Step down on L
3 & 4 Step R behind L, Step L to L side, Step R to R side
5 & 6 Step L behind R making 1/4 turn L, step R next to L, step L forward (3 o'clock)
7 – 8 Step R forward, 1/2 pivot L turn by stepping on L (weight on L) (9 o'clock)

Short wall: Wall 7 (12 o'clock) Sections 3b and 4 only

SECTION 3b : PIVOT 1/2 TURN L, R HIP BUMP, SWAY L, R, L HIP BUMP

- 1 – 2 Step R forward, 1/2 pivot L turn by stepping on L
3 & 4 Step R to R with hip bump to the R twice (weight on R)
5 – 6 Hip sway L , R
7 & 8 Hip bump to the L twice (weight on L)

SECTION 4 : R KICK BALL STEP, SAILOR R, SAILOR L 1/4 TURN L, PIVOT 1/2 TURN L

- 1 & 2 Kick R forward, step down on ball of R, Step down on L
3 & 4 Step R behind L, Step L to L side, Step R to R side
5 & 6 Step L behind R making 1/4 turn L, step R next to L, step L forward (9 o'clock)
7 – 8 Step R forward, 1/2 pivot L turn by stepping on L (weight on L) (3 o'clock)

TAG : Wall 11 (facing 6 o'clock) : 4 x 8 counts (when the music go slow)

- 1 – 4 Step R to R (Weight on R with bend knee) press L toe down (like sitting position), R hand to R, Hold on 3, 4
5 – 8 Move R hand upward (anti-clockwise)
1 – 8 Drop both hands down on your L feet slowly slide hands upward to upper thigh on 8 counts

(Weight still on R with L toe pointing L)

1 – 4 Sway hip to L on count 1 to 2, sway hip to R on count 3 to 4

5 – 8 Sway hip to L on count 5 to 6, sway hip to R on count 7 to 8

1 – 4 Hip roll anti-clockwise on count 1 to 4

5 – 8 Chest pump on count 5 to 8 (option : weight on L, press R toe down, R palm in front of chest)

Ending : Dance Section 1 & 2 and end with a 1/4 L turn by striking a post (facing 12 o'clock)

Last Revision on site - 19th August 2011
