

Kiss Off

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Robbie McGowan Hickie (UK) - August 2011
音乐: If I Was A Woman (feat. Blake Shelton) - Trace Adkins : (CD: Proud To Be Here, Deluxe Edition)



CD available from www.cdwow.co.uk ... Also available as Download from www.legalsounds.com

16 count intro from Main Beat)

Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle.

1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
3 – 4 Rock back on Left. Rock forward on Right.
5 – 6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 6 o'clock)

Chasse Right. Rock Back. 2 x 1/4 Turns Right. Left Cross Shuffle.

1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
3 – 4 Rock back on Left. Rock forward on Right.
5 – 6 Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock)

1/4 Turn Left. Step Back. Right Coaster Step. 2 x Walks Forward Left/Right. Left Shuffle Forward.

1 – 2 Make 1/4 turn Left stepping back on Right. Step back on Left.
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5 – 6 Walk forward on Left. Walk forward on Right.
7&8 Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock)

Forward Rock. & Heel Jack. Hold. & Step. Paddle 1/4 Turn Left. Step. Paddle 1/4 Turn Left.

1 – 2 Rock forward on Right. Rock back on Left.
&3 – 4 Step back on Right. Dig left heel forward. Hold.
&5 – 6 Step Left back to place. Step forward on Right. Paddle 1/4 turn Left.
7 – 8 Step forward on Right. Paddle 1/4 turn Left. (Facing 3 o'clock)

Cross. Point. Cross. Scuff. Right Jazz Box Cross.

1 – 2 Cross step Right forward over Left. Point Left toe out to Left side.
3 – 4 Cross step Left forward over Right. Scuff Right Diagonally forward Right.
5 – 8 Sweep/Cross Right over Left. Step back on Left. Step Right to Right side. Cross step Left over Right.

Side Rock. Back Rock. Right Kick-Ball-Cross. Side Stomp Right. Hold.

1 – 2 Rock Right out to Right side – pushing hips Right. Recover weight on Left. (Facing 3 o'clock)
3 – 4 Rock back on Right – pushing hips Back. Rock forward on Left.
5&6 Kick Right Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.
7 – 8 Stomp Right out to Right side. Hold.

Left Sailor 1/4 Turn Left. 2 x Walks Forward Right/Left. Right Scuff-Ball-Step Forward. Forward Rock.

1&2 Sweep/Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
3 – 4 Walk forward on Right. Walk forward on Left.

5&6 Scuff Right forward. Step ball of Right beside Left. Step forward on Left.
7 – 8 Rock forward on Right. Rock back on Left. (Facing 12 o'clock)

Right Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward. Step. Pivot 1/2 Turn Left.

1&2 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)
3 – 4 Step forward on Left. Pivot 1/2 turn Right.
5&6 Left shuffle forward stepping Left. Right. Left. (Facing 12 o'clock)
7 – 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock)

Start Again
