

Barefoot

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mick Harris (UK) - August 2011
音乐: Barefoot Blue Jean Night - Jake Owen



Start; after 32 counts.

Step Touch , Step Touch, Step Slide Step, Cross Rock, Recover, Step X 2.

1&2& step fwd on R, touch L next to R, step back on L, touch R next to L.
3&4 step back on R turning 1/4R, slide L next to R, step fwd on R turning 1/4 R. (6.00)
5&6 rock L across R, recover on R, step L slightly fwd.
7&8 rock R across L, recover on L, step R slightly fwd.

Step ,Touch, Kick, Step Back , Step, ,Kick, Step Down, Step, Shuffle, Mambo Turn.

1&2 step fwd on L, touch R next to L, kick fwd on R.
&3&4& step back on R, step back on L, kick fwd on R, step down on R, step fwd on L
5&6 shuffle fwd RLR.
7&8 rock fwd on L, recover on R, turn 1/2 left stepping back on L. (mambo turn)

Step 1/4, Step Behind, Step 1/4, Turn 1/2 R, Turn 1/2 R , Step, Sailor 1/4 Turn, Cross Shuffle.

1&2 step fwd on R turning 1/4 L, step L behind R, step fwd on R turning 1/4 R.
3&4 turn 1/2 R stepping back on L, turn 1/2 R stepping back on R, step fwd on L. (12.00)
5&6 step R behind L turning 1/4 R, step L slightly to L, step R in place. (sailor 1/4 turn).
7&8 step L across R, step R slightly to R, step L across R, (3.00)

1/4 Turn, 1/4 Turn, Kick Ball Change, 1/4 Turn Jazzbox, Step 1/4 , Step Behind, Step, Touch.

1-2 step back on R turning 1/4 L, step back on L turning 1/4 L.
3&4 kick fwd on R, step R in place, step L in place.
5&6 step R across L, step back on L turning 1/4 R, step R next to L. (1/4 turn jazz box)
7&8& step fwd on L turning 1/4 R, step R behind L, step L to L side, touch R next to L.

Start Again - No Tags Or Restarts.

Mick Harris (Frankie & Cindy`s linedance club, Hayling Island).
