

Ready to Roll

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Early Intermediate
编舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - August 2011
音乐: Ready To Roll - Blake Shelton : (Album: Red River Blue - 3:36)



Starts 24 counts in (on vocals) with weight on left. 1 restart

[1 – 8] Walk, walk, hip and hip, rock forward, ¼ turning coaster step

1,2,3 &4 Step R forward, Step L forward, bump hips R, L, R
5,6,7,&8 Rock forward on L, replace weight to R, step L behind R turning 90° left, step R to right side, step L forward

[9 – 16] Ball, step, step, ball, step, step, *rock, replace, coaster step

&1,2&3,4 Step R to right on ball of foot, step L in place, step R forward, step L to left on ball of foot, step R in place, step L forward
5,6,7&8 *Rock R forward, replace weight to L, step back on R, step L beside R, step R forward

[17- 24] Rock forward, replace, back, lock, back, half, replace, back, lock, back

1,2,3&4 Rock L forward, replace weight to R, step L back, lock/cross R over L, step back on L
5,6,7&8 Turn 180° right rock R forward, rock L back, step R back, lock/cross L over R, step back on R

[25-32] Rock back, replace triple full turn forward, ball, step, together, ball, step, together

1,2,3&4 Rock back on L, replace weight to R, travelling forward turn 360° over right shoulder stepping L,R,L

Alternate: Rock back on L, replace weight to R, shuffle forward L,R,L)

&5,6,&7,8 Step R to right on ball of foot, step L in place, step R beside L, step L to left on ball of foot, step R in place, step L beside R

Start dance again

TAG / Restart on wall 4 * Replace coaster step with rocking chair and restart

13,14,15,16 Rock forward on R, replace weight to L, rock back on R, replace weight to L

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