

# Good Life

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jonathan Williamson (UK) - July 2011  
音乐: Good Life - OneRepublic : (Album: Waking Up)



Dance starts 32 beats from beginning of track (Ignore the initial drumming and start to count when guitar comes in)

## RIGHT SIDE MAMBO, LEFT SIDE MAMBO, RIGHT FORWARD MAMBO, LOCK BACK LOCK

1&2      Rock right to right side, recover weight on left, step on right  
3&4      Rock left to left, recover weight on right, step on left  
5&6      Rock forward right, recover weight on left, step back on right  
7&8      Cross left over right, step back right, cross left over right

## BACK, ¼ LEFT, RIGHT SHUFFLE, HITCH ¼ PADDLE TURN X 2, LEFT CROSS BACK SIDE

1-2      Step back right, ¼ turn left (stepping left foot forward)  
3&4      Step forward right, step left besides right, step forward right  
&5      Hitch left knee, ¼ turn right, point left toe to left side,  
&6      Hitch left knee, ¼ turn right, point left toe to left side,  
7&8      Cross left over right, step back right, step left to left side

## RIGHT SIDE, TOGETHER, FORWARD, TOUCH, LEFT CHASSE, CROSS, SIDE, SAILOR ¼ TURN

1&      Step right to right side, step left besides right  
2&      Step forward right, touch left besides right  
3&4      Step left to left side, step right besides left, step left to left side  
5-6      Cross right over left, step left to left side  
7&8      Sweep right behind left (making ¼ turn right), step on left, step forward right

## LEFT MAMBO, BACK RIGHT LEFT, ROCK BACK, RECOVER, FULL TURN RIGHT LEFT

1&2      Rock forward left, recover weight back on right, step left besides right  
3-4      Walk back right, left  
5-6      Rock back right, recover weight onto left  
7-8      ½ turn left stepping back right, ½ turn left stepping forward right

There is one restart: On wall 3 dance the first 16 steps and restart.

Last Revision on site - 10th August 2011)