

Gutsy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver ECS
编舞者: Norma Jean Fuller (USA) - August 2011
音乐: If I Was A Woman (feat. Blake Shelton) - Trace Adkins : (CD: Proud To Be Here)



Start count when they start singing, "If I was a Woman, I'd Be A Man Like Me"

RIGHT SAILOR ¼ TURN, SHUFFLE FORWARD LRL, RIGHT TOE STRUT, LEFT TOE STRUT

1&2 Turn ¼ right stepping R behind left, step L to side, step right forward centered under body (3:00)
3&4 Shuffle forward left right left
5-6 Touch R toe in front of L with frame facing left, drop heel frame centered under body
7-8 Touch L toe in front of R with frame facing right, drop heel with frame centered under body

CHASSE' RIGHT, L CROSS OVER, STEP, L CROSS OVER SHUFFLE, R STEP TO R, TAP L

1&2 Chasse' right left right
3-4 Diagonal Cross step left over right, step slightly right on right frame centered
5&6 Cross step left over right, step slightly right, cross step left over right
7-8 Step right to right, tap left heel in place

CHASSE' LEFT, R CROSS OVER, STEP, R CROSS OVER SHUFFLE, L SIDE STEP, TAP R HEEL

1&2 Chasse' left right left
3-4 Diagonal Cross step right over left, step slightly left on left frame centered
5&6 Cross step right over left, step slightly left on left, cross step right over left
7-8 Step left to left, Stomp right next to left no weight

STEP LOCK STEP, CCW ½ TURN SHUFFLE BACK, ROCK FORWARD, RECOVER, SIDE ROCK RECOVER

1&2 Step back on R frame diagonal right, cross step L over right, step back on L frame facing straight
3&4 ½ left turning shuffle back (9:00)
5-6 Rock forward on right, recover on left
7-8 Rock side right, recover on left

Repeat