

# Back To Basics

拍数: 42                      墙数: 4                      级数: Advanced Beginner  
编舞者: Ann Cripps (CAN) - August 2011  
音乐: Go On - Delbert McClinton



(Teach to) Two Stepping Mind by Tim McGraw  
(Goes well to) Shooting from the Hip by Barry Upton & Wild at Heart

## Point toe front, side, ½ turn right with triple step

1-2                      Point R toe to front & right side  
3&4                      ½ turn right with a triple step RLR  
5-6                      Point L toe to front & left side  
7&8                      ½ turn left with a triple step LRL

## Rocking chair, step pivot ½

1-4                      Rock forward on R, recover L, rock back on R recover L  
5-6                      Step forward R making a ½ turn left, recover on L  
9-10                      Rock forward on R, recover L, rock back on R recover L  
11-12                      Step forward R making a ½ turn, recover on L

## Lindy right, Lindy left turning ¼ turn right

1&2                      RLR triple step to right side  
3-4                      Rock back on L recover R  
5&6                      LRL triple step to left side  
7-8                      Rock back on R while making a ¼ turn to right, recover L

## Two count vines, ½ turns

1-4                      Right Step, L behind R, step R while making a ½ turn right, step weight L  
5-8                      Right Step, L behind R, step a ½ turn right, step weight on L

## Sailor shuffle, kick ball change

1&2                      Step R behind L step to left side, weight back on R  
3&4                      Step L behind R step to right side, weight back on L  
5&6                      Kick R forward, place weight back on R, lift L & replace weight back onto L

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