Tired Of Losing You



拍数: 32 编数: 2 级数: Easy Intermediate

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音乐: Gettin' Tired Of Losing You - Janice Maynard: (CD: There's A Better Way)



Intro 16 counts.

(01 – 08) VINE 1/4 TURN R, SCUFF, L SHUFFLE, 2 x 1/2 TURN L;

- 1 RF step to right side
- 2 LF cross step LF behind RF
- 3 RF step with a1/4 turn right forwards (3)
- 4 LF scuff forwards
- 5 LF step forwards
- & RF step/close next LF
- 6 LF step forwards
- 7 RF step with a ½ turn left backwards (9)
- 8 LF step with a ½ turn left forwards (3)

(09–17) SIDE ROCK, RECOVER, R CROSS SHUFFLE, L SWEEP into CROSS STEP, R SIDE STEP, L SAILOR CROSS;

- 1 RF step/rock to right side
- 2 LF rock back on LF
- 3 RF cross step RF over LF
- & LF step/close next RF
- 4 RF cross step RF over LF
- 5 LF sweep cross step LF over RF
- 6 RF step to right side
- 7 LF cross step LF behind RF
- & RF step to right side
- 8 LF cross step LF over RF

(17 - 24) ROCK FORWARDS, RECOVER, 2 x 1/2 TURN R, ROCK BACK, RECOVER, R SHUFFLE

- 1 RF step/rock forwards
- 2 LF rock back on LF
- 3 RF step with a ½ turn right forwards (9)
- 4 LF step with a ½ turn right backwards (3)
- 5 RF step/rock backwards
- 6 LF rock back on LF
- 7 RF step forwards
- & LF step/close next RF
- 8 RF step forwards

(25 – 32) L STEP FORWARDS, ¼ TURN R, L CROSS SHUFFLE, 2 DIAGONAL TOUCHES, KICK BALL CROSS;

- 1 LF step forwards
- 2 LF+RF make a ¼ turn right (6)
- 3 LF cross step LF over RF
- & RF step/close next LF
- 4 LF cross step LF over RF
- 5 RF touch with toe diagonal right forwards (01:30)
- 6 RF touch with toe diagonal left backwards (07:30)
- 7 RF kick RF diagonal right forwards

- & RF step/close next LF& LF cross step LF over RF
- (1) RF start again (step to right side)

TAG; on the end of wall 3 and 8; MONTEREY ½ TURN R;

- 1 2 RF touch with toe to right side, RF make a ½ turn right & RF step/close next LF
- 3 4 LF touch with toe to left side, LF step/close next RF (weight on LF)