

Forever I Love You

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Forever - Chris Bigford : (CD Single: Forever)



Intro 16 counts.

(1 – 8) L CROSS STEP, STEP ¼ TURN L BACK, L SHUFFLE BACK, ROCK BACK, RECOVER, R SHUFFLE FORWARDS;

- 1 LF cross step LF over RF
- 2 RF step with a ¼ turn left backwards (9)
- 3 LF step backwards
- & RF step/close next LF
- 4 LF step backwards
- 5 RF step/rock backwards
- 6 LF rock back on LF
- 7 RF step forwards
- & LF step/close next RF
- 8 RF step forwards

(9 – 16) L STEP FORWARDS, TOUCH, R KICK BALL CROSS, R SIDE ROCK, ¼ TURN L RECOVER, R SHUFFLE FORWARDS;

- 1 LF step forwards
- 2 RF touch with toes next LF
- 3 RF kick diagonal right forwards
- & RF step/close next LF
- 4 LF cross step LF over RF
- 5 RF step/rock to right side
- 6 LF rock back with a ¼ turn left on LF (6)
- 7 RF step forwards
- & LF step/close next RF
- 8 RF step forwards

(17 – 24) L CROSS STEP, STEP ¼ TURN L BACK, L SIDE SHUFFLE ¼ TURN L, R CROSS ROCK, RECOVER, R SIDE SHUFFLE ¼ TURN R;

- 1 LF cross step LF over RF
- 2 RF step with a ¼ turn left backwards (3)
- 3 LF step to left side
- & RF step/close next LF
- 4 LF step with a ¼ turn left forwards (12)
- 5 RF cross rock RF over LF
- 6 LF rock back on LF
- 7 RF step to right side
- & LF step/close next RF
- 8 RF step with a ¼ turn right forwards (3)

(25 – 32) L STEP FORWARDS, ½ TURN R & HOOK, R LOCK STEP, ROCKING CHAIR;

- 1 LF step forwards
- 2 LF make a ½ turn right & RF hook for shin LF (9)
- 3 RF step forwards
- & LF cross step behind RF (lock)
- 4 RF step forwards

- 5 LF step/rock forwards
- 6 RF rock back on RF
- 7 LF step/rock backwards
- 8 RF rock back on RF

(1) LF start again (cross step LF over RF)

Restart; Dance wall 7 to count 16 (count 8 of block 2) and restart the dance again...
