

Be The Lake

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4
编舞者: Lisa Carlier (BEL) - August 2011
音乐: Be the Lake - Brad Paisley

级数: Newcomer / Novice



Begin the dance after long intro

Back Kick Ball Change, Shuffle Fwd, Triple Full Turn Traveling Fwd, Sailor R

1 Rf Kick Back
& Rf Step Next To Lf
2 Lf Step Slightly Fwd
3 Rf Step Fwd
& Lf Step Next To Rf
4 Rf Step Fwd
5 Lf ½ Turn R, Step Behind
& Rf ½ Turn R, Step Fwd
6 Lf Step Fwd
7 Rf Cross Behind Left
& Lf Step Next To Rf
8 Rf Step Side R

Sailor ¼ L, Heel Flick Cross, Side Rock Cross, Scuff Hitch While Turning ¼, Behind

1 Lf Cross Behind Rf
& Rf ¼ Turn L Step Next To Lf
2 Lf Step Fwd (9:00)
3 Rf Heel Tap Fwd
& Rf Flick Behind
4 Rf Cross Over Lf

*** 2nd Restart ***

5 Lf Step To L
& Rf Step Next To Lf
6 Lf Cross Over Rf
7 Rf Scuff
& Rf Hitch While Turning ¼ L
8 Rf Step Behind (6:00)

*** 1st Restart ***

Coasterstep, Kick Out-Out, Apple Jack L & R, Behind Side Cross

1 Lf Step Behind
& Rf Step Next To Lf
2 Lf Step Fwd
3 Rf Kick Fwd
& Rf Step Out To Right Side
4 Lf Step Out To Left Side
5 Bf Swivel Left, Weight On R Toe And L Heel
& Return To Centre
6 Bf Swivel Right, Weight On L Toe And R Heel
& Turn To Centre
7 Rf Cross Behind Lf
& Lf Step Side L
8 Rf Cross Over Lf

Side Rock Cross, Unwind Full Turn R, Kick, Sailor ¼ R, Step Fwd L, ½ Pivot Turn R, Step

- 1 Lf Step Side L
- & Rf Step Next To Lf
- 2 Lf Cross Over Rf
- 3 Lf+Rf Make A Whole Turn R (6:00)
- &
- 4 Rf Kick
- 5 Rf Step Behind Lf
- & Lf Step Next To Rf, While Turn ¼ R
- 6 Rf Step Fwd (9:00)
- 7 Lf Step Fwd
- & Turn ½ R
- 8 Rf Step Fwd (3:00)

*** Restart In 3rd Wall; Dance 16 Counts And Start Again**

*** Tag After 6th Wall; You Ad: (2 Vaudevils)**

- &1 Step Rf To Side, Point Left Heel Diagonally Forward
- &2 Lf Step Back, Rf Step Over Lf
- &3 Step Lf To Side, Point Right Heel Diagonally Fwd
- &4 Rf Step Back, Lf Step Over Rf

*** Restart In 10th Wall; Dance 12 Counts And Start Again**
