

Back In My Arms

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Heather Barton (SCO) - August 2011
音乐: Back In My Arms - Mark Medlock : (Album: Rainbow's End)



Intro.... Start on Vocals (2nd time he sings Back in my arms again count 5.6.7.8)

S1: STEP RIGHT, HALF TURN RIGHT, RIGHT COASTER STEP, LEFT JAZZ BOX TOUCH

1-2 Step forward onto right, Half turn right over right shoulder onto left foot. (6)
3&4 Step back on right, step left beside right, Step forward on right.
5-8 Cross left over right, step back on right, Step left to left side, touch right next to left.

S2: SIDE RIGHT ¼ CHASSE, FORWARD ROCK, LEFT COASTER, STEP RIGHT, ¼ TURN

1&2 Step right to right, step left beside right, ¼ turn right onto right foot (9)
3-4 Rock forward onto left, recover onto right
5&6 Step back on Left, step right beside left, step forward on left
7,8 Step forward on right, ¼ pivot turn left (6)

S3: CROSS RIGHT, HOLD, BALL CROSS, POINT LEFT, BEHIND SIDE CROSS, SWAYS

1-2 Cross right over left, Hold
&3-4 Take weight onto left, cross right foot over left, point left to left side
5&6 Step left behind right, step right to right side, cross left over right
7-8 Sway Right, Sway left

S4: RIGHT SAILOR, LEFT SAILOR (Travelling slightly back), TOUCH BACK, ½ TURN, STEP, ¼ TURN

1&2 Step right behind left, step left to left side, step right next to left
3&4 Step left behind right, step right to right side, step left next to right
5-6 Place right toe behind, ½ turn over right shoulder step onto right foot (12)
7-8 Step onto left, ¼ pivot turn right (3)

S5: CROSS, ¼ TURN, LEFT COASTER, ROCKING CHAIR

1-2 Cross left foot over right, ¼ turn to left stepping back onto right foot (12)
3&4 Step back on left, step right next to left, step forward on left *****
5-6 Rock forward on right, recover on left
7-8 Rock back on right, recover on left

S6: STEP RIGHT SIDE, HOLD, BALL STEP, TOUCH, ROLLING TURN, SIDE CHASSE

1-2 Step right to right side, hold
&3-4 Bring your left foot into right, Step right to right side, touch left beside right
5-6 Turn ¼ left, turn ½ left stepping onto right (9)
7&8 Turn ¼ left by stepping left to left side, step right beside left, step left to left side (12)

S7: RIGHT KICKBALL CROSS X2, ¼ TURN, STEP, ½ TURN, STEP

1&2 Kick right foot forward, step down on right, cross over with left
3&4 Kick right foot forward, step down on right, cross over with left
5-6 ¼ turn right onto right foot, step forward onto left (3)
7-8 ½ turn over right shoulder step onto right foot, step forward onto left (9)

S8: STEP, POINT, CROSS, POINT, ¾ MONTEREY, LEFT SHUFFLE

1-2 Step forward on right, point left to left side
3-4 Cross left over right, point right to right side
5-6 ¾ turn over right shoulder bring right foot into left, point left out to side (6)

7&8 Step forward on left, step right beside left, step forward on left (6)

TAGS: At the end of walls 2 & 4 add the following 4 count tag (Rocking Chair)

1,2,3,4 Rock forward on right, recover on left, rock back on right, recover on left

RESTART: Wall 5 section 5 dance first 4 counts start dance again (facing front wall) *****

HAPPY DANCING - Heather xx
