

Back In My World

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Scott Schrank (USA) & Irene Tang (HK) - July 2011
音乐: I'll Take It Back - Natalia Jiménez : (CD: Natalia Jimenez)



Phrasing: The Sequence is 32-32-32-16&-32-32-32-32-32-16&+TAG-32-32+Big Finish

[1-8] SWAY, RECOVER, SAMBA STEP, CROSS, 1/4 TURN, 1/2 TURN, STEP-LOCK-STEP

- 1-2 Sway hips over R foot right (1), Recover weight to L foot (2)
3&4 Cross step R foot over L foot (3), Step ball of L foot left (&), Step R foot slightly right (4)
 (12:00)
5-6 Cross L foot over R foot (5), Make 1/4 turn left stepping R foot back (6)
7&8 Make 1/2 turn left on R foot stepping left foot forward (7), Lock R foot behind L foot (&), Step
 L foot forward (8) (3:00)

[9-16] FORWARD ROCK, RECOVER, COASTER STEP, STEP. PIVOT 1/2, TURN 1/4, CLOSE-HIP

- 1-2 Rock R foot forward (1), Recover weight to L foot pushing hips back (2)
3&4 Step R foot back (3), Step L foot next to R foot (&), Step R foot forward (4)
5-6 Step L foot forward (5), Pivot 1/2 turn right (Weight end on R foot) (6) (9:00)
7 Make 1/4 turn right stepping L foot left (7) (12:00)
8& Close R foot to L foot (8), Transfer weight to L foot with a hip twist (&)

Restarts are here after 16 counts, first facing 3:00 (Wall 4), then 12:00 (Wall 10).

Add the four count tag only to the Second restart.

[17-24] SWAY, SWAY-SWAY, COASTER 1/4 TURN, STEP, STEP- LOCK- STEP

- 1 Sway hips over R foot (1)
2-3 Sway hips over L foot (2), Sway hips over R foot (3)
4&5 Make 1/4 turn left stepping L foot back (4), Close R foot next to L foot (&), Step L foot forward
 (5) (9:00)
6 Step R foot forward (6)
7&8 Step L foot forward (7), Lock R foot behind L foot (&), Step L foot forward (8)

[25-32] 1/4 TURN POINT, CROSS, SIDE-ROCK-STEP, STEP- PIVOT-CROSS, TURN-TURN-CROSS

- 1,2 Make 1/4 turn left on ball of L foot pointing R toes right (1), Cross R foot over left foot (2)
 (6:00)
3&4 Rock L foot left (3), Recover weight to R foot (&), Step L foot slightly forward (4)
5&6 Step R foot forward (5), Pivot 1/4 turn left with weight end on L foot (&), Cross R foot over L
 foot (6) (3:00)
7&8 Make 1/4 turn right stepping L foot back (7), Make 1/4 turn right stepping R foot right (&),
 Cross L foot over R foot (8) (9:00)

Start the dance again

TAG: After doing the first 16 counts of the second restart (Wall 10), add the following 4 counts

- 1-2 Sway hips over R foot (1), Sway hips over L foot (2)
3-4 Sway hips over R foot (3), Sway hips over L foot (4)

You are then ready to start the dance again

BIG FINISH: Your last wall is 9:00. Do the entire 32 counts which brings you facing 6:00 with the left foot over right.

On the next count, make 1/4 turn right pointing right toes forward. At the same time turn your head to 12:00 and raise your left hand over your head.

