

Til Forever

拍数: 64 墙数: 2 级数: Improver
编舞者: Audrey Watson (SCO) - July 2011
音乐: From Here Til Forever - Helene Fischer : (CD: Best of)



36 Count Intro – 128BPM

Section One: STEP ¼ TURN, BACK LOCK STEP, BACK ROCK, SHUFFLE.

1-2 Step fwd on right, turn ¼ right stepping back on left.
3&4 Step back on right, cross left over right, step back on right.
5-6 Rock back on left, recover fwd on right.
7&8 Shuffle fwd on left, right, left.

Section Two: STEP ¼ TURN, BACK COASTER STEP, STEP LOCK & STEP LOCK STEP.

1-2 Step fwd on right, turn ¼ right stepping back on left.
3&4 Step back on right, step left next right, step fwd on right.
5-6 Step left diagonally left, lock right behind left.
&7&8 Step left fwd diagonally left, step right diagonally right, lock left behind right, step right diagonally right.

Section Three: CROSS ROCK, CHASSE, CROSS ROCK, SAILOR ¼ TURN.

1-2 Cross left over right, recover back on right
3&4 Step left to left side, close right next left, step left to left side.
5-6 Cross rock right over left, recover back on left.
7&8 Turn ¼ right stepping right behind left, step left to left side, step right to right side.

Restart here on wall 3: Change step 7&8 in section 3 to a sailor touch. Restart the dance from beginning.

Section Four: WALK, WALK, HEEL BALL STEP, SIDE ROCK, CROSS SHUFFLE.

1-2 Walk fwd on left, walk fwd on right.
3&4 Touch left heel to floor, step down on ball of left, step fwd on right.
5-6 Rock left to left side, recover weight on right.
7&8 Cross left over right, step right to right side, cross left over right.

Section Five: SIDE, ¼ TURN, HEEL HOLD & HEEL & HEEL & HEEL HOLD

1-2 Step right to right side, turn ¼ left stepping left to left side.
3-4 Touch right heel fwd, hold for a beat.
&5&6 Step right next left, touch left heel fwd, step left next right, touch right heel fwd.
&7-8 Step right next left, touch left heel fwd, hold for a beat.

Section Six: & TOUCH KICK, COASTER STEP, WALK, WALK, HEEL BALL STEP.

&1-2 Step left next right, touch right toe next left foot, kick right foot fwd.
3&4 Step back on right, step left next right, step fwd on right.
5-6 Walk fwd on left, walk fwd on right.
7&8 Touch left heel fwd, step down on ball of left, step fwd on right.

Section Seven: FWD ROCK, ½ TURN SHUFFLE, ½ TURN SHUFFLE, BACK ROCK.

1-2 Rock fwd on left, recover back on right.
3&4 Turn ½ turn left, shuffle fwd on left, right, left.
5&6 Turn ½ turn left shuffle back on right, left, right.
7-8 Rock back on left, recover fwd on right.

Section Eight: STEP DIP POINT, STEP DIP POINT & JAZZ BOX.

1&2 Step left to left side, dip body from right to left, point right toe to right side.

3&4 Step right to right side, dip body from left to right, point left toe to left side.
&5-6 Step left next right, cross right over left, step back on left.
7-8 Step right to right side, step fwd on left.

START AGAIN
