

Girl Come Blow Me Away

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Sebastiaan Holtland (NL) - July 2011
音乐: Standing on the Edge (Dance Remix) - Kurt Darren : (CD: Voorwaarts Mars 2007)



Intro: 16 Counts (08 Sec)

[1-8] Kick Ball Heel 1/4 Turn L, Together, Back, Roll Back On To Heels, Recover, Together, Touch Back, 1/2 Unwind L, 1/2 Pivot L

1&2& Kick Rf forward, step Rf back in place, turn 1/4 left (9) touch Lf heel forward, step Lf next to Rf
3-4 Step Rf back and roll back on to the heels pushing bottom back, recover on both feet take weight onto Lf
&5-6 Step Rf next to Lf, touch Lf back, unwind 1/2 left (3) take weight onto Lf
7-8 Step Rf forward, turn 1/4 left (12) take weight onto Lf

[9-16] Fwd Rock, Recover, Full Triple Turn R, Fwd Rock, Recover, 3/4 Triple Turn L

1-2 Rock forward on Rf, recover on Lf (12:00)
3&4 Triple full right stepping Lf forward, step Rf beside Lf, stepping Lf forward (12)
5-6 Rock Lf forward, recover on Rf
7&8 Triple 3/4 left (9) stepping Lf forward, step Rf beside Lf, stepping Lf forward

[17-24] Point, 1/4 Turn R, Replace, 1/4 turn R, Point, 1/4 turn L, Replace, Half Monterey R, Side, Knee Pop

1-2 Point Rf out to right, turn 1/4 right (12) step Lf back in place
3-4 Turn 1/4 right (3) point Lf out to left, turn 1/4 left (12) step Lf back in place weight onto Lf
5-6 Point Rf out to right, pivot 1/4 right (3) step Rf beside Lf weight onto Rf
7&8 Step Lf out to the left weight onto both feet, lift heels off floor as you pop both knees forward, drop both heels to floor take weight onto Lf (3:00)

Restart Here Wall 5 after 24 counts (Facing 9 o'clock)

[25-32] Fwd Brush, Side, Down, Heel Grind 1/2 Turn R, Recover, Back Rock, Recover, 3/4 Turn L, Side

1-2 Brush Rf diagonal forward over ball, step Rf out to the right take weight onto both feet (3:00)
3-4 Dip body down (bending knees), coming up heel grind with Rf (toes from left to right) turn 1/4 to right (6), step Lf back weight onto Lf
5-6 Rock Rf back, recover on Lf
7-8 Turn 1/2 left (12) step Rf back, turn 1/4 left (9) step Lf to the left weight onto Lf

Start again and have fun!

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Last Revision on Site - 26th July 2011