

Word of Mouth

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Word of Mouth - Mike + The Mechanics



[1-8] ROCK, RECOVER, TRIPLE ½ TURN, CROSS, BACK, OUT- OUT- TOGETHER- CROSS

- 1, 2 Rock forward onto left foot, Recover weight to right.
3&4 Turn ¼ left stepping to side with left, Step right next to left, Turn ¼ left stepping forward onto left.
5, 6 Step right across left, Step left back.
&7&8 Step right foot right, Step left foot left, Step right next to left, Step left across right.

[9-16] SIDE ROCK, ¼ TURN, TRIPLE ½ TURN, TRIPLE ¼ TURN, CROSS-BACK-SIDE

- 1,2 Step right rocking onto right foot, Recover weight to left turning ¼ left.
3&4 Turn ¼ left onto right, Step left next to right, Turn ¼ left stepping back on right
5&6 Turn ¼ left onto left, Step right next to left, Step left foot left.
7&8 Step right across left, Step left foot back, Step right across left

[17-24] CROSS, ¼ TURN, ½ TURN, SIDE, SAILOR STEP, BEHIND-SIDE-FORWARD

- 1,2 Step left across right, Turn ¼ left stepping back on right.
3,4 Turn ½ left stepping forward on left, Step right next to left.
5&6 Step left behind right, Step right foot right, Step left next to right.
7&8 Step right behind left, Step left foot left, Step right foot forward.

[25-32] ROCK, RECOVER, TRIPLE ½ TURN, CROSS- SIDE- TOUCH- SIDE- TOUCH- STEP- FORWARD

- 1,2 Rock forward onto left foot, Recover weight to right
3&4 Turn ¼ left stepping to side onto left, Step right next to left, Turn ¼ left stepping forward on left.
5 Step right across left.
&6&7 Step left foot left, Touch right next to left, Step right foot right, Touch left next to right.
&8 Step in place onto left, Step forward on right.

Repeat & Enjoy