

Natural Woman Waltz

COPPER KNOB
BY STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner Waltz
编舞者: Jackie Lincoln (USA) - July 2011
音乐: (You Make Me Feel Like) A Natural Woman - The Vocal Ballad Community



Begin On The 24th Count

S1: FORWARD BASIC STEPS, BACK BASIC STEPS, BASIC ½ TURN LEFT, BACK BASIC STEPS

1-3 Step L foot forward, step R foot beside left, recover on L foot
4-6 Step R foot back, step L foot beside right, recover on R foot
7-9 Step L foot forward, step R foot back while turning ½ left, step L foot beside right (6:00)
10-12 Step R foot back, step L foot beside right, recover on R foot

S2: FORWARD BASIC STEPS, BACK BASIC STEPS, BASIC ½ TURN LEFT, BACK BASIC STEPS

1-3 Step L foot forward, step R foot beside left, recover on L foot
4-6 Step R foot back, step L foot beside right, recover on R foot
7-9 Step L foot forward, step R foot back while turning ½ left, step L foot beside right (12:00)
10-12 Step R foot back, step L foot beside right, recover on R foot

S3: DIAMOND WALTZ STEPS

1-3 Step L foot forward while turning ¼ left, step R foot next to left, recover on L foot (3:00)
4-6 Step R foot back while turning ¼ left, step L foot beside right, recover on R foot (6:00)
7-9 Step L foot forward while turning ¼ left, step R foot next to left, recover on L foot (9:00)
10-12 Step R foot back while turning ¼ left, step L foot beside right, recover on R foot (12:00)

S4: TWINKLE STEP, TWINKLE ¼ TURN, TWINKLE STEPS

1-3 Cross L foot over right, step R foot to right side, recover on left
4-6 Cross R foot over left, step L foot to left side while turning ¼ to right, step R to right side
 (3:00)
7-9 Cross L foot over right, step R foot to right side, recover on left
10-12 Cross R foot over left, step L foot to left side, recover on right

Begin again!
