

# Natural Woman Waltz

**COPPER** **NOB**  
BY STEPHEN

拍数: 48      墙数: 4      级数: Beginner Waltz  
编舞者: Jackie Lincoln (USA) - July 2011  
音乐: (You Make Me Feel Like) A Natural Woman - The Vocal Ballad Community



## Begin On The 24th Count

### S1: FORWARD BASIC STEPS, BACK BASIC STEPS, BASIC ½ TURN LEFT, BACK BASIC STEPS

1-3            Step L foot forward, step R foot beside left, recover on L foot  
4-6            Step R foot back, step L foot beside right, recover on R foot  
7-9            Step L foot forward, step R foot back while turning ½ left, step L foot beside right (6:00)  
10-12         Step R foot back, step L foot beside right, recover on R foot

### S2: FORWARD BASIC STEPS, BACK BASIC STEPS, BASIC ½ TURN LEFT, BACK BASIC STEPS

1-3            Step L foot forward, step R foot beside left, recover on L foot  
4-6            Step R foot back, step L foot beside right, recover on R foot  
7-9            Step L foot forward, step R foot back while turning ½ left, step L foot beside right (12:00)  
10-12         Step R foot back, step L foot beside right, recover on R foot

### S3: DIAMOND WALTZ STEPS

1-3            Step L foot forward while turning ¼ left, step R foot next to left, recover on L foot (3:00)  
4-6            Step R foot back while turning ¼ left, step L foot beside right, recover on R foot (6:00)  
7-9            Step L foot forward while turning ¼ left, step R foot next to left, recover on L foot (9:00)  
10-12         Step R foot back while turning ¼ left, step L foot beside right, recover on R foot (12:00)

### S4: TWINKLE STEP, TWINKLE ¼ TURN, TWINKLE STEPS

1-3            Cross L foot over right, step R foot to right side, recover on left  
4-6            Cross R foot over left, step L foot to left side while turning ¼ to right, step R to right side (3:00)  
7-9            Cross L foot over right, step R foot to right side, recover on left  
10-12         Cross R foot over left, step L foot to left side, recover on right

**Begin again!**

---