

Jenny, Jenny

拍数: 48 墙数: 4 级数: Phrased Improver
编舞者: Dirk Leibing (DE) & Heike Carstensen (DE) - July 2011
音乐: Dreams are Ten a Penny - Al & Chris



Intro : 40 Counts - Sequence : AB-A-AB-CB-AB-A-AB-C-A-A-AB-AB-AB

Part A(28)

Chasse R, Behind, Side, Cross Shuffle, Kick Ball Cross

1&2 Step RF to R side, Step LF next to RF, Step RF to R side
3-4 Step LF behind R, Step RF to R side
5&6 Cross LF in Front of RF, Step RF behind LF, Cross LF in front of RF
7&8 RF kick, RF ball, LF cross

Right Side Rock, Sailor ¼, Step Turn ½, Tripple ½ Turn

1-2 Rock RF to R side. Recover weight on to LF.
3&4 Step RF behind LF, Step LF ¼ Turn R, Step RF forward (3:00)
5-6 Step LF forward, Turn ½ R(weight on RF)(9:00)
7&8 Turn ¼ R, LF to L, Step RF next to LF, Turn ¼ R, LF back (3:00)

Behind Side Cross, Chasse L, Rocking Chair

1&2 Step RF behind LF, Step LF to L, Cross RF in front of LF
3&4 Step LF to L side, Step RF next to LF, Step LF to L side
5-6 Rock RF forward, Recover on LF
7-8 Rock RF back, Recover on LF

Step ½ Turn(2x)

1-4 Step RF forward, Turn ½ L(weight on LF)(9:00), Step RF forward, Turn ½ L(weight on LF)(3:00)

Part B(4)

Jazz Box

1-4 Cross RF over LF, Step back on LF, Step RF to R side, Step LF cross

Part C(16)

Chasse R, Behind, Side, Cross Shuffle, Kick Ball Cross (same as Part A 1-8)

1&2 Step RF to R side, Step LF next to RF, Step RF to R side
3-4 Step LF behind R, Step RF to R side
5&6 Cross LF in front of RF, Step RF behind LF, Cross LF in front of RF
7&8 RF Kick, RF Ball, LF Cross

Right Side Rock,Sailor Step(2x), Step Turn ½

1-2 Rock RF to R side. Recover weight on to LF.
3&4 Step RF behind LF, Step LF to L side, Step RF to R side
5&6 Step LF behind RF, Step RF to R side, Step LF to L side
7-8 Step RF forward, Turn ½ L(weight on RF) Have Fun!