

Beautiful Lady In Blue

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Improver
编舞者: Sebastiaan Holtland (NL) - July 2011
音乐: Lady In Blue - Bouke : (Album: Sings Elvis And Other Hits 2009)



Intro - 16 counts, start after words "Lady on my own". (09 sec)

Sec 1: [1-8] Fwd, Hold, Side, Back, Hip Bumps L-R-L, 1/4 Turn L, Replace, Hook

- 1-2 Step Rf forward, Hold weight onto Rf (12:00)
- 3-4 Step Lf to the left, step Rf back weight onto Rf
- 5-7 Step Lf slightly to the left bump L hip to left, bump R hip to right, bump L hip to left weight onto Lf
- 8 Turn 1/4 left (9) replace on Rf and Lf hook up across Rf holding weight onto Rf

Sec 2: [9-16] 1/4 Turn L, Fwd, Side, Behind, Point, Cross, 1/4 Turn R, Back, 1/4 Turn R, Side, Cross

- 1-2 Turn 1/4 left (6) step Lf forward, step Rf to the right weight onto Rf
- 3-4 Step Lf behind Rf, point Rf out to the right weight onto Lf
- 5-6 Cross Rf over Lf, turn 1/4 right (9) step Lf back weight onto Lf
- 7-8 Turn 1/4 right (12) step Rf to the right, cross Lf over Rf weight onto Lf (12:00)

Sec 3: [17-24] Side, Together, Back, Hold, Side, Together, 1/4 Turn L, Fwd, Hold

- 1-2 Step Rf to the right, step Lf next to Rf weight onto Lf (12)
- 3-4 Step Rf back, HOLD weight onto Rf
- 5-6 Step Lf to the left, step Rf next to Lf weight onto Rf
- 7-8 Turn 1/4 left (9) step Lf forward, HOLD weight onto Lf (9:00)

Sec 4: [25-32] Large Cross Step Fwd, Hitch, Step Fwd, Hitch 1/4 Turn L, Cross Vine Left, 1/4 Turn L

- 1-2 Step Rf large across Lf, hitch L knee up (9)
- 3-4 Stepping Lf forward, turn 1/4 to left (6) hitch R knee up weight onto Lf
- 5-6 Cross Rf over Lf, step Lf to the left weight onto Lf
- 7-8 Step Rf behind Lf, turn 1/4 left (3) step Lf forward weight onto Lf (3:00)

Sec 5: [33-40] 1/4 Turn L, Big Side Step, Small Drag, Back Rock, Recover, Big Side Step, Small Drag, Back Rock, Recover

- 1-2 Turn 1/4 left (12) step Rf big to the right, small drag on Lf weight onto Rf
- 3-4 Rock Lf back behind Rf, recover on Rf
- 5-6 Step Lf big to the left, small drag on Rf weight onto Lf
- 7-8 Rock Rf back behind Lf, recover on Lf (12:00)

Restarts here WALL 3/6 after 40 count 1st Restart (facing 6 o'clock) 2nd Restart (Facing 12 o'clock)

Sec 6: [41-48] Fwd Rock, Recover, 1/2 Turn R, Fwd, Side, Back, 1/4 Turn L, Slightly Fwd, Hip Bumps R-L

- 1-2 Rock Rf forward, recover on Lf (12)
- 3-4 Turn 1/2 right (6) step Rf forward, step Lf to the left weight onto Lf
- 5-6 Step Rf back, turn 1/4 left (3) step Lf slightly forward weight onto Lf
- 7-8 Step Rf slightly to the right bump R hip to right, bump L hip to left weight onto Lf (3:00)

Start Again, Enjoy!

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Latest Revision on site - 25th July 2011