

En Mi Balcon

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Improver
编舞者: Roly Ansano (USA) - July 2011
音乐: Cafe En Mi Balcon - Sparx : (Album: No Hay Otro Amor)



Intro: Start on vocals

[1-8] CROSS-BACK, BACK SHUFFLE, BACK ROCK, FORWARD SHUFFLE

1-2 Cross R over L, step L back
3&4 Step R back, step L together, step R back
5-6 Rock L back, recover to R
7&8 Step L forward, step R together, step L forward

[9-16] RIGHT-ANGLED TOE TOUCHES, STEP TOGETHER

1-2 Touch R forward, touch R next to L
3-4 Touch R to side, step R together
5-6 Touch L forward, touch L next to R
7-8 Touch L to side, step L together

[17-24] Repeat 1-8

Styling [9-24]: Push hands forward, palms down, as toe touches forward.

Pull hands toward chest, palms up, as toe touches together.

Push hands to sides, palms down, as toe touches side and look to that side. Drop hands.

[25-32] CROSS-SIDE, CROSS & CROSS, 1/2 LEFT CROSS-SIDE, CROSS & CROSS

1-2 Cross R over L, step L to side
3&4 Cross R over L, step L side and slightly back, cross R over L
5-6 Pivot 1/2 left and cross L over R, step R to side
7&8 Cross L over R, step R side, Cross L over R

[33-40] WALK AROUND, ANGLED CHASSE SEQUENCE

1-3 Walk around completing full turn right stepping R,L,R
4 Step L together
5&6 Turn body slightly left and chasse R,L,R diagonally right
7&8 Turn body slightly right and chasse L,R,L diagonally left

Styling: 5&6 Trace a circle to right with right hand, palm out

7&8 Trace a circle to left with left hand, palm out

REPEAT

RESTART: On Wall 2 facing 6.00 and on Wall 5 facing 12.00, dance to count 29. Touch R to side for count 30, then restart.

On Wall 4 facing 6.00 dance to count 29. Sway right, sway left, touch R to side for count 32, then restart.

ENDING: On Wall 7 facing 6.00 dance to count 38. Do counts 39&40 turning 1/2 left to face 12.00. Repeat counts 37&38. Step L back and pose.