

# Alcohol On It

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 2      级数: Easy Intermediate  
编舞者: Sue Fisher (AUS) & Rhonda Mathieson (AUS) - July 2011  
音乐: Put Some Alcohol on It - Gord Bamford : (Album: Day Job)



Intro: 32 beats

## RUMBA BACK, HOLD, RUMBA FORWARD, HOLD

1, 2      Step R to the side, Step L together,  
3, 4      Step R back, Hold  
5, 6      Step L to the side, Step R together  
7, 8      Step L forward, Hold

## FORWARD, LOCK, FORWARD, HOLD, FORWARD, LOCK, FORWARD, HOLD

1, 2      Step R forward, Lock L behind right  
3, 4      Step R forward, Hold  
5, 6      Step L forward, Lock R behind left  
7, 8      Step L forward, Hold

## PIVOT TURN, PIVOT TURN, ROCKING CHAIR

1, 2      Pivot: Step R forward, Turn 180° left take weight onto L  
3, 4      Pivot: Step R forward, Turn 180° left take weight onto L  
5, 6      Rocking Chair: Step R forward, Rock back onto L  
7, 8      Step R back, Rock forward onto L 12 O'clock

## HEEL GRIND RIGHT, ¼ BACK, ROCK, HEEL GRIND RIGHT, ¼ BACK, ROCK

1, 2      Step R heel forward, Grind RIGHT heel take weight onto L  
3, 4      Turn 90° right RIGHT back, Rock forward onto L  
5, 6      Step R heel forward, Grind R heel take weight onto L  
7, 8      Turn 90° right step R back, Rock forward onto L ## 6 O'clock

## HEEL, HOOK, HEEL, FLICK, FORWARD, LOCK, FORWARD, HOLD

1, 2      Touch R heel forward, Hook R heel to left knee  
3, 4      Touch R heel forward, Flick R heel back at 45° right  
5, 6      Step R forward, Lock L behind right  
7, 8      Step R forward, Hold

## HEEL, HOOK, HEEL, FLICK, FORWARD, LOCK, FORWARD, HOLD

1, 2      Touch L heel forward, Hook L heel to right knee  
3, 4      Touch L heel forward, Flick L heel back at 45° left  
5, 6      Step L forward, Lock R behind left  
7, 8      Step L forward, Hold

## SIDE, ROCK, ACROSS, HOLD, SIDE, ROCK, ACROSS, HOLD

1, 2      Step R to the side, Side rock onto L  
3, 4      Step R across in front of left, Hold  
5, 6      Step L to the side, Side rock onto R  
7, 8      Step L across in front of right, Hold \*\*

## FORWARD, ROCK, BACK, HOLD, BACK, ROCK, FORWARD, HOLD

1, 2      Step R forward, Rock back onto L  
3, 4      Step R back, Hold

5, 6            Step L back, Rock forward onto R  
7, 8            Step L forward, Hold 6 o'clock

**RESTART: WALL 3 – dance to beat 32 (##) then restart to the BACK**

**ENDING \*\* Dance to beat 56 & ADD –**

1,2,3,4        Rock forward on right, replace weight on left, rock back on right, replace weight on left  
5,6,7        Step right forward, pivot ½ left take weight on left, place right beside left

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