

Walkin' On The Sun

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Maryloo (FR) - July 2011
音乐: Walkin' On the Sun - Smash Mouth



[1-8] MAMBO (R.L.), COASTER, SHUFFLE FORWARD

1&2 Rock right to side, recover to left, step right together
3&4 Rock left to side, recover to right, step left together
5&6 Step right back, step left together, step right forward
7&8 Shuffle forward : left, right, left

[9-16] SIDE, HOLD (2X), CROSS ROCK, SAILOR ¼ TURN LEFT

1-2 Step right to side, hold
&3-4 Step left together, step right to side, hold
5-6 Cross/rock left over right, recover to right
7&8 Cross left behind right, ¼ turn left and step right to side, step left forward

[17-32] REPEAT THE COUNTS : 1 – 16

[33-40] CROSS & TOUCH TO SIDE (R.L.), JAZZ BOX ¼ TURN RIGHT

1-2 Cross right over left, touch left toe to side
3-4 Cross left over right, touch right toe to side
5-8 Cross right over left, ¼ turn right and step left back, step right to side, tap left next to right

[41-48] SHIMMIES TO LEFT SIDE (2X)

1-4 Big step left to side (body low), shimmy, step right together (standing up), hold
5-8 Big step left to side (body low), shimmy, step right together (standing up), hold

Restart here on the 2nd wall : replace the count 8 (together) by a Tap and take back the beginning with the right foot

[49-56] LONG LEFT CHA-CHA LOCK STEP FORWARD, PIVOTS ¼ TURN (2X)

1&2&3&4 Step left forward, lock right behind left, step left forward, lock right behind left, step left forward, lock right behind left, step left forward
5-6 Step right forward, ¼ left (weight ends on left)
7-8 Step right forward, ¼ left (weight ends on left)

[57-64] SIDE & TOUCH (R.L.), SYNCOPATED JUMP JACK(2X)

1-2 Step right to side, tap left next to right
3-4 Step left to side, tap right next to left
&5&6 Step right to side(out), step left to side(out), step right in towards left(in), step left together(in)
&7&8 Step right to side(out), step left to side(out), step right in towards left(in), step left together(in)