

What About My Dreams?

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Dee Musk (UK) - June 2011
音乐: What About My Dreams? - Kati Wolf : (Album: Eurovision Song Contest, Düsseldorf - Hungary - 3:02)



64 Count Intro from the first drum beat. Approx 34 seconds, start on the words 'My Life'.

FORWARD ROCK RECOVER, COASTER CROSS, ROCK ¼ TURN R, SHUFFLE FORWARD.

1,2 Rock forward on R, recover weight to L.
3&4 Step back on R, close L beside R, cross R over L.
5,6 Rock L to L side, recover weight to R making a ¼ turn R (weight forward on R).
7&8 Step forward on L, close R beside L, step forward on L. (3 o'clock).

FORWARD ROCK RECOVER, TOUCH BACK, TWIST ¼ TURN R, TWIST ¼ TURN L, STEP BACK, POINT & POINT.

1,2 Rock forward on R, recover weight to L.
3 Touch R toe back.
4,5 On balls of both feet twist a ¼ turn R, on balls of both feet twist a ¼ turn L (weight back on R).
6 Step back on L.
7&8 Point R toe to R side, step R beside L, point L toe to L side. (3 o'clock).

SAILOR ½ TURN L, FORWARD ROCK RECOVER, ½ TURN R, ¼ TURN R, BEHIND SIDE CROSS.

1&2 Making a sailor ½ turn L step L behind R, step R to R side, step forward on L.
3,4 Rock forward on R, recover weight to L.
5,6 Make a ½ turn R stepping forward on R, make a ¼ turn R stepping L to L side.
7&8 Cross step R behind L, step L to L side, cross R over L. (6 o'clock).

SIDE ROCK RECOVER, CROSS SHUFFLE, BACK HEEL HOLD, BALL STEP ¾ TURN L.

1,2 Rock L out to L side, recover weight to R.
3&4 Cross step L over R, step R to R side, cross step L over R.
&5,6 Step back on R, touch L heel forward, hold count 6.
&7,8 Step L beside R, step forward on R, make a ¾ turn L (weight on L). (9 o'clock).

SIDE TOUCH, SHUFFLE ¼ TURN L, STEP ½ TURN L, SHUFFLE ½ TURN L.

1,2 Step R to R side, touch L beside R.
3&4 Step L to L side, close R beside L, make a ¼ turn L stepping forward on L.
5,6 Step forward on R, make a ½ turn L (weight forward on L facing 12 o'clock).
7&8 Make a ½ turn L shuffling back R, L, R. (6 o'clock).

BACK POINT, BACK POINT, UNWIND ½ TURN L, KICK BALL STEP.

1,2 Travelling back step back on L, point R to R side.
3,4 Travelling back step back on R, point L to L side.
5,6 Cross step L behind R, unwind a ½ turn L (weight on L).
7&8 Kick R forward, step R beside L, step forward on L. (12 o'clock).

*** Restart from here during wall 2, begin again facing 6 o'clock wall.**

ROCK RECOVER, STEP BACK, HITCH BALL BACK, TOUCH, FORWARD SHUFFLE.

1,2 Rock forward on R, recover weight to L.
3 Step back on R.
4&5 Hitch L knee, step down on L, step back on R.
6 Touch L toe beside R.

7&8 Step forward on L, step R beside L, step forward on L. (12 o'clock).

FORWARD ROCK RECOVER, COASTER STEP, STEP ½ TURN R, FORWARD SHUFFLE.

1,2 Rock forward on R, recover weight to L.

3&4 Step back on R, close L beside R, step forward on R.

5,6 Step forward on L, make a ½ turn R (weight forward on R).

7&8 Step forward on L, step R beside L, step forward on L. (6 o'clock).

***Restart during wall 2 – dance up to and including count 48 - then begin again facing 6 o'clock wall.**

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