

Back Roads

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Tony Myers (UK) - July 2011
音乐: Take a Back Road - Rodney Atkins : (Album: Take a Back Road)



24 count Intro - Sequence 32, 32, 20, 32, 32, 20, 20, 32, 32, 8

Rock & Cross: & Behind Side Cross: ¼ shuffle Back: ¼ Side Shuffle

1&2 Rock left to side (1) Recover on right (&) Cross left over Right (2)
&3&4 Step right to side (&) Step left behind right (3) Step right to side (&) Cross left over right (4)
5&6 Turn ¼ left stepping back on right (5) Step left with right (&) Step back on right (6) (9:00)
7&8 Turn ¼ left stepping left to side (7) Step right with left (&) Step left to side (8) (6:00) *

Right Sailor: Cross Rock, Turn, Step: Right Coaster Step: Step Turn Step

1&2 Step right behind left (1) Step left to side (&) Step right to side (2)
3&4 Rock left over right (3) Recover on right (&) Turn ¼ left stepping left to side (4) (3:00)
5&6 Step back on right (5) Step left with right (&) Step forward on right (6)
7&8 Step forward on left (7) Pivot ½ turn right (&) Step forward on left (8) (9:00)

Side Together Cross: & Heel & Touch: Sailor ¼ Turn; Step Lock Step

1&2 Step right to side (1) Step left with right (&) Cross right over left (2)
&3&4 Step back on left (&) Touch right heel forward (3) Step back on right (&) Touch left toes forward (4) #
5&6 Step left behind right (5) Turn ¼ right step right to side (&) Step left to side (6) (12:00)
7&8 Step forward on right (7) Lock left behind right (&) Step forward on right (8)

Side, Cross, Point: Cross, Unwind: Rock, Turn, Touch: Full Turn Right

1&2 Step left to side (1) Cross right over left (&) Point left to side (2)
3,4 Cross left over right (3) Unwind ½ turn right (weight on left) (4) (6:00)
5&6 Rock right to side (5) Recover on left turning ¼ left (&) Touch right next to left (6) (3:00)
7&8 Turn ¼ right forward on right (7) Turn ½ right back on left (&) Turn ¼ right step right to side (8) (easy option: Right side shuffle)

Restarts on walls 3, 6, 7

* On wall 10 (last wall) Dance first 8 counts Starting on 9:00 wall.
Change counts 7&8 from a ¼ turn side shuffle to a ½ turn side shuffle to end facing front.