

Lyin' To My Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Yvonne Krause (USA) - November 2010
音乐: Lyin' to My Heart - Jenai : (CD: Cool Me Down)



[1-8] □ □ STEP TOUCHES, SHUFFLES, ROCK RECOVER

- 1-2 Step right foot to right side, touch left beside right.
- 3-4 Step left foot to left side, touch right beside left.
- 5&6 Step right foot to right side, step left beside right, step right to right side.
- 7-8 Rock back onto left foot, rock forward on right.

[9-16] □ □ STEP TOUCHES, SHUFFLES, ROCK RECOVER

- 1-2 Step left foot to left side, touch right beside left.
- 3-4 Step right foot to right side, touch left beside right.
- 5&6 Step left foot to left side, step right beside left, step left to left side.
- 7-8 Rock back onto right foot, rock forward on left.

[17-24] □ □ RIGHT & LEFT TOE STRUTS, JAZZ BOX

- 1-2 Touch right toe forward then drop right heel taking weight.
- 3-4 Touch left toe forward then drop heel taking weight.
- 5-6 Cross right over left, step back on left.
- 7-8 Step right to right side, step left beside right.

[25-32] □ □ RIGHT & LEFT TOE STRUTS, JAZZ BOX W/1/4 TURN RIGHT

- 1-2 Touch right toe forward then drop right heel taking weight.
- 3-4 Touch left toe forward then drop heel taking weight.
- 5-6 Cross right over left, step back on left,
- 7-8 Step right ¼ turn, step left beside right.

REPEAT

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