

# Look Heart No Hands

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Celia Stevens (NZ) - July 2011  
音乐: Look Heart, No Hands - Randy Travis



**Intro 8 Counts - This Dance is done in all four directions rotating Anti-clockwise:**

**[1-8] ½ PIVOT, FWD SHUFFLE, JAZZ BOX ¼ CROSS.**

1, 2                      Step R forward, Turn ½ left weight L 6:00  
3&4                      Step R forward, Step L together, Step R forward, [\*\* Wall 7 add ending here]  
5, 6, 7, 8              Step L over right, Step R back, Turn ¼ left step L to side, Step R over left 3:00

**[9-16] SIDE SHUFFLE, CROSS UNWIND ¾, ½ PIVOT, FWD SHUFFLE.**

1&2                      Step L to side, Step R together, Step L to side,  
3, 4                      Touch R behind left, Unwind ¾ right weight R 12:00  
5, 6                      Step L forward, Turn ½ right weight R 6:00  
7&8                      Step L forward, Step R together, Step L forward.

**[17-24] STEP BEHIND, OUT-OUT, STEP BEHIND, OUT-OUT, FWD ROCK.**

1, 2                      Step R forward at 45` degrees, Step L behind,  
& 3                      Step R to side, Step L to side,  
4, 5                      Step R forward at 45` degrees, Step L behind,  
& 6                      Step R to side, Step L to side,  
7, 8                      Step R forward, Recover weight L.

**[25-32] BACK-LOCK-BACK, ½ FWD SHUFFLE, ½ PIVOT, ¼ PIVOT.**

1&2                      Step R back, Step L over right, Step R back,  
3&4                      Turn ½ left Step L forward, Step R together, Step L forward, 12:00  
5, 6                      Step R forward, Turn ½ left weight L, 6:00  
7, 8                      Step R forward, Turn ¼ left weight L. (# Wall 5 Hold & Restart here) 3:00

**[33-40] CROSS SAMBA, CROSS SAMBA, FWD ROCK, ½ TURN, HOLD.**

1&2                      Step R over left, Step L to side, Step R to side,  
3&4                      Step L over right, Step R to side, Step L to side,  
5, 6                      Step R forward, Recover weight L  
7, 8                      Turn ½ right step R forward, Hold 9:00

**[41-48] ½ SHUFFLE, ½ SHUFFLE, ROCK/RECOVER, COASTER BACK.**

1&2                      Turn ¼ right step L to side, Turn ¼ right step R together, Step L back, 3:00  
3&4                      Turn ¼ right step R to side, Turn ¼ right step L together, Step R forward, 9:00  
5, 6                      Step L forward, Recover weight R,  
7&8                      Step L back, Step R together, Step L forward.

**(48) REPEAT & ENJOY!**

**RESTART: On Wall 5 dance up to count 32 (#) Hold for 4 counts then restart the dance from the beginning now facing 3:00.**

**FINISH: On Wall 7 do the first 4 counts (\*\*) then do a ½ Left Jazz box forward, Hold – raising arms out at sides with palm's turned up i.e. 'Look No Hands' facing 12:00.**

1,2,3,4                      Hold Step L over right, Step R Back, ½ turn left step L forward, Step R forward, HOLD & raise arms up out at sides palm's up

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